

Alameda County Master Gardeners

PLANTING RECOMMENDATIONS FOR WEST OF THE EAST BAY HILLS

There are many varieties of all these vegetables and herbs, and success will vary depending on the variety and location. There are many nurseries, seed catalogs, and books that can give you specific advice for your microclimate. Most of these recommendations are taken from Pam Pierce's book *Golden Gate Gardening*.

Cool Season	Notes	When to Plant
Artichoke	Large plant – needs space. Often gets aphids. From rootstock.	Oct – Dec
Arugula	Best in winter, but year round in cooler microclimates. From seeds.	Year Round
Asian Greens	Bok Choy, Chinese cabbage, mizuna, etc. Best in winter and spring. From seeds or seedlings.	Aug – April
Asparagus	Perennial; don't harvest 'til 3 rd spring. Lots of space. From crowns.	Jan – March
Beets	Year round, but best in winter. From seeds or seedlings.	Year Round
Broccoli	Best in winter or early spring. From seedlings.	Jul – Sept; Feb – March
Cabbage	Best in winter or early spring. From seedlings.	Jul – Sept; Feb – March
Carrots	Year round. From seeds.	Feb – Aug
Cauliflower	Best in winter or early spring. From seedlings.	Jul – Sept; Feb – March
Chard	Year round. From seeds or seedlings.	Year Round
Collards	Year round, but best in winter. From seeds or seedlings.	Year Round
Garlic	Winter. From certified bulb cloves	Oct – Feb
Kale	Year round, but best in winter. From seeds or seedlings.	Year Round
Lettuce	Year round in cooler microclimates. From seeds or seedlings.	Year Round
Mustard	Year round, but best in winter. From seeds or seedlings.	Year Round
Onions (bulb)	From seeds or sets (avail in fall), harvest late spring or summer.	Sept – March
Onions (green)	Many varieties. From seeds or sets.	Year Round
Peas (green/sugar)	Best in winter or early spring. From seedlings.	Sept – Nov; Feb – March
Potatoes	Need lots of space. Use nursery seed potatoes to prevent disease.	Feb; May; Aug
Spinach	Best in spring or winter. From seeds or seedlings.	Mar – Apr; Aug – Sept

Warm Season	Notes	When to Plant
Corn	Needs sun/heat. Marginal in cooler microclimates. From seeds.	Apr – July
Cucumbers	Best if grown up with support.	Apr – June
Beans (green)	Bush or climbing (needs support). From seeds.	Apr – July
Beans (shelling)	More sun and longer to mature than green beans. From seeds.	Apr – May
Eggplant	Needs warm nights; results marginal in cooler microclimates.	May
Melons	Heat loving. Try only in warmest microclimates and start early.	Apr – May
Peppers (sweet)	Need warm nights, minimal protection here. From seedlings.	May
Peppers (hot)	More productive than sweet peppers. From seedlings.	May
Squash (summer)	Needs lots of space & produces heavily. From seeds or seedlings.	Apr – June
Squash (winter) (Includes pumpkins)	Lots of space; best grown with support. Long season – plant early. From seeds or seedlings.	Apr – June
Tomato	Heat lover. Needs warm nights (60°+) for good fruit-set. Early varieties do best (not heirlooms). Best to have supports – cages or stakes. Best not to grow successive years in the same spot to prevent disease buildup. From seedlings.	May

Herbs	Notes	When to Plant
Basil	Likes sun and heat. From seedlings.	Apr - June
Cilantro	Year round, but best in winter or spring. From seeds in successive plantings & harvest whole plants. Sun or partial shade.	Year round
Dill	Full sun and warmth – not good in foggy or windy gardens.	April – June
Mint	Perennial; invasive, best in containers. Some shade. From seedlings.	Year round
Oregano	Perennial; plant will spread. Full sun. From seedling.	Year round
Parsley	Year round – best fall to spring. Some shade OK. From seedlings.	Aug – Sept; Feb – March
Sage	Perennial; not fussy. Full sun. From seedlings.	Year round
Tarragon (French)	Perennial; dormant in winter. From seedlings or cuttings.	Year round
Thyme	Perennial; plant will spread. Full sun. From seedling.	Year round



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