



Worm Bins and Vermicomposting

Red composting worms can compost garbage faster than any other type of composting method. Red worms are also very efficient in digesting kitchen food waste. Each day a worm eats at least half its weight in food.

Their castings contain eight times as many micro-organisms as their food, and these micro-organisms are best for healthy plant growth. These red worm castings don't contain any disease pathogens. Pathogenic bacteria are killed in the worm's gut.

Some of the benefits of keeping a red worm bin include recycling kitchen food waste, reducing waste disposal costs, producing soil amendments or fertilizer for house and garden plants and having a ready supply of fishing worms. The indoor bins are odor free and easy to maintain.

SOURCES FOR WORM BIN INFORMATION:

<http://www.happydranch.com>

Worm Factory set-up and instructions

Can-O-Worms set-up and instructions

<http://www.klickitatcounty.org/solidwaste/FilesHtml/Organics/OscrJunior.pdf>

Do-It-Yourself Household OSCR Junior (Using 3 Rubbermaid plastic bins)

<http://ucanr.edu/sites/mgfresno/>

Master Gardener Helpline Mon-Fri 9-12 559-241-7534

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