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Learning principles

How do you see youth learning in your 4-H projects and activities? Do you offer a broad array of activities for youth to experience? The [Learning in Afterschool \(LIAS\)](#) project suggests five learning principles to increase young people's opportunities for deep and rich learning.

Learning that is Active: Activities should provide youth with experiences to see, hear, touch, and do- activities that allow them to be physically active, stimulate their innate curiosity, and that are hands-on and project-based.

Learning that is Collaborative: Activities should support youth in working with each other in teams where they listen to each other, resolve differences, and allow each other to contribute.

Learning that is Meaningful: Youth will be more motivated when they find activities meaningful, relevant, and authentic. Tap into young people's interests and experiences to spark their interest.

Learning that Supports Mastery: Youth want and need activities where they learn new skills, how to use tools, and get to practice and improve at something. Provide opportunities for youth to become really good at something.

Learning that Expands Horizons: In 4-H, you get to expand young people's horizons by showing them new places, new ideas, and concepts to bring a sense of excitement and discovery. You can promote a greater sense of potential of what youth can achieve. Help youth develop community, state, national, and global awareness.

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