University *of* California
Agriculture and Natural Resources ■ 4-H Youth Development Program

4-H Members Name:_____ **Club:**_____

ARCHERY - Level 1

The Explorer level is the most basic of all levels. The youth begins to explore the boundaries of the project area, touching on many skills and knowledge areas that will be expanded later.

Date   Initial

____ ____   1. Describe range commands using voice or whistle
____ ____   2. Explain the range lines and safety areas
____ ____   3. Name 4 safety rules when shooting
____ ____   4. Name the safety equipment requirement for shooting a bow and explain why they are important.
____ ____   5. Explain dry fire and why it is unsafe
____ ____   6. What is eye dominance and why is it important when shooting.
____ ____   7. Identify parts of a bow
____ ____   8. Identify parts of an arrow
____ ____   9. Demonstrate how to pull an arrow from the target correctly
____ ____   10. Compete in a shoot and record your score.

Project Leader's Signature of Completion: _____ Date:_____

4-H Program Representative Approval: _____ Date:_____

COMMENTS:_____
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_____

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ARCHERY - Level 2

The Producer level builds and expands on the knowledge and skills learned in level 1- Explorer.

Date   Initial

____ ____   1. Explain how to determine your draw length.
____ ____   2. Explain bow draw weight, what is let-off when using a compound bow.
____ ____   3. Name three types of archery bows.
____ ____   4. Name two types of bowstring release methods.
____ ____   5. Name two types of archery shooting.
____ ____   6. Identify the following archery equipment and describe their use:

       ____ Bow Sight   ____ Bow string & cables
       ____ Peep Sight   ____ Wheels & Cams
       ____ Arrow rest   ____ Stabilizer
       ____ Releases: Finger tab, Glove, and Mechanical

____ ____   7. Demonstrate and explain how to check for safety of equipment and range before shooting.
____ ____   8. Demonstrate and explain shooting form, why it is important to be consistent.
____ ____   9. Be able to group five arrows at 10yards.
____ ____   10. Compete in the County Archery Shoot.

Project Leader's Signature of Completion: _____ Date:_____

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ARCHERY - Level 3

The Consumer level takes the member beyond the immediate project, out into the community, as they explore the project area in depth.

Date   Initial

____ ____   1.
____ ____   2.
____ ____   3.
____ ____   4.
____ ____   5.
____ ____   6.
____ ____   7.

Project Leader's Signature of Completion: _____ Date:_____

4-H Program Representative Approval: _____ Date:_____

COMMENTS:_____
_____
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