

What is 4-H?

4-H is a youth organization that is for kids 5-18 years of age.

4-H offers multiple projects. Youth learn skills from other youth, under the guidance & support of adult volunteers.

WHY JOIN 4-H?

- LEADERSHIP OPPORTUNITIES
- COLLEGE SCHOLARSHIPS
- FRIENDSHIPS
- PUBLIC SPEAKING
- FUN & INTERESTING PROJECTS



DO YOU HAVE TO HAVE ANIMALS TO BE IN 4-H?

No! Though there animal projects such as dogs, rabbits, livestock, & horses, many 4-H projects do not involve animals such as robotics, cooking, sewing, metal working, community service and so much more!



18 USC 707

HOW DO I FIND A 4-H CLUB NEAR ME?

Look us up online!
<https://bit.ly/4hsandiego>
There are 4-H clubs all over San Diego County!



Where can I get more information about 4-H?

"The mission of the San Diego County 4-H Board of Directors is to promote the vision, values, and traditions of the 4-H program through support and encouragement of staff and volunteers, promotion and outreach to grow the program and to develop resources - people, time, and funds that can further these goals"

6 Million Youth Served

500,000 Volunteers

36% Minority Youth

Supported by 110 Universities

Programs on 900 Military Bases



- **Citizenship** - incorporates concepts of youth in governance, civic engagement, and uses strategies such as service learning and community service to foster young people's sense of connection to communities.
- **Leadership** - it is critical that youth hold the primary leadership roles throughout the 4-H program, creating opportunities not just to learn about leadership but to practice it.
- **Life Skills** - 4-H fosters young people with the chance to develop a wide range of life skills and increasingly challenging opportunities to practice those skills.
- **Youth - Adult Partnerships** - provides an opportunity for youth and adults to share responsibility and ideas to develop leadership skills together.