

COLUSA COUNTY 4-H NEWSLETTER

October 2019



UPCOMING EVENTS

| <u>DATE</u> | <u>EVENT</u> |
|-----------------|--|
| OCTOBER | |
| 2 | Maxwell 4-H Club, 6 p.m., Elementary Multipurpose Room |
| 6-12 | National 4-H Week, "Inspire Kids To Do" |
| 7 | Williams 4-H Club, 6:30 p.m., Williams Community Church |
| 8 | 4-H Spirit Day, Wear Green or 4-H wear |
| 14 | Arbuckle 4-H Club, 7 p.m., MP Room |
| 14 | Princeton 4-H Club, 6:30 p.m., Princeton High School Cafeteria |
| 14 | Colusa Community 4-H Club, 6 p.m., St. Bernadette's Hall |
| 15 | Enrollment deadline for Fair Participation |
| 21 | Colusa 4-H Swine , 6 p.m., CIP Conference Room |
| NOVEMBER | |
| 2 | Countywide Craft Expo, 9 a.m. to 3 p.m., Festival Hall |
| 1-3 | Mindfulness Retreat |
| 8-10 | Volunteer Retreat at Asilomar |
| 15-17 | Northern Youth Summit, Pollock Pines |
| 20 | 4-H Council meeting, 6:30 p.m., CIP Conf. Room |



Nicole Marshall-Wheeler
Colusa, Sutter-Yuba Counties 4-H Advisor
nmarshall@ucanr.edu





Committee Help Needed

COMMITTEE HELP NEEDED!

The Colusa County 4-H Council has designed committees open to any and all **youth and adults** who participate in the 4-H Program. The goal of the committees is to provide leadership by developing and implementing new ideas and events. All the committees work in partnership with the 4-H Council and 4-H Youth Development staff, the bulk of the decision making, planning and implementation lies in the hands of the committee. This structure allows for input from both adults and members in crafting the programs and managements strategies to best serve the needs of the 4-H community. When possible, senior members should be appointed committee co-chairs.

New
this year!

Fund Development Committee— A group of 4-H volunteers, youth, and alumni who assist the 4-H Office with direction and guidance of fundraising activities for the Colusa County 4-H Program. This committee helps to determine the types of fundraising activities which should be pursued, assist with the creation of donor lists, and the creation of solicitation letters. These fundraising activities will support the sustainability of our local 4-H Program and help ensure that our local program has funding. Please consider joining this committee as we work to build the future of Colusa County 4-H together.



Family & Consumer Science – Helps with Craft Expo, Home Ec Review/ Cooking Craze, Fashion Review and the Colusa County Fair Still Exhibits. The committee plans where events will be held and makes changes to information given to members and evaluators at the event. After each event the committee meets to review evaluations to see if changes need to be made, and help incorporate new ideas.

Leadership – Helps with County Presentation Day, County Ambassador Program, Scholarships for Higher Education, Record Book judging, and Community Service Learning Projects. The committee helps design applications, plan out various events and helps provide feedback and input about the events.



Animal Science – Helps with Small Animal Field Days, Colusa County Fair, Horse/Dog Shows, and other animal related events. Members help with the planning of events and help develop new ideas for future events.





NATIONAL 4-H WEEK

National 4-H Week is coming up! It will be October 6 through 12. Each club is invited to have a window display that goes with the theme “Inspire Kids To Do”.

October 8 is 4-H Spirit Day. Members are encouraged to wear their 4-H shirts or something green and share their pictures on Facebook!

NEW COUNTYWIDE PROJECT ADDED!

Wayne Grishaber is going to be offering a Fly Tying project countywide! Depending on who signs up will determine the location of the project meetings! If you are interested, log back on to 4-H Online and sign up for this great opportunity!

There will be a \$35 charge for a fly tying kit that you will be using to make your ties, but it will last forever!

DAIRY REPLACEMENT HEIFER PROJECT INTEREST

The Colusa County Fair would like to offer dairy replacement heifers at the Colusa County Fair. All we would need to get it started are five members willing to take on the project! Please let the 4-H Office know if you would like to do this! What the project would be is purchasing a replacement heifer and then taking care of it, learning how to show it, and then it would get auctioned off and go and live at a dairy.

CERAMICS PROJECT

We have been in contact with a ceramics store in Roseville, and we can reserve a space on a Saturday or Sunday for two hours for \$26. The price includes a piece of greenware and help from the store staff on how to paint it. We can reserve with as few as 10 members. Please respond to the survey with your date preference.

<http://ucanr.edu/survey/survey.cfm?surveynumber=28406>

COLUSA COUNTY 4-H CLUBS

Arbuckle 4-H Club meets at Arbuckle Elementary School Multipurpose Room, 2nd Monday of the month, 7:00 p.m.

Maxwell 4-H Club meets at Maxwell Elementary School Multipurpose Room, 1st Wednesday of the month, 6:00 p.m.

Colusa Community 4-H Club meets at St. Bernadette’s Hall, Gym/Multipurpose Room, on varying Mondays, 6:00 p.m.

Princeton 4-H Club meets at Princeton High School Cafeteria, 2nd Monday of the month, 6:30 p.m.

Colusa 4-H Swine Club meets at the Colusa Industrial Properties Conference Room, on varying Mondays, 6:00 p.m.

Williams 4-H Club meets at the Williams High School College & Career Center, 1st Monday of the month at 6:30 p.m.





4-H COUNCIL

The 4-H Council assists the University of California Cooperative Extension in planning, promoting, and carrying out 4-H youth development work, by operating in compliance with UC policies and the Mission, Core Values, and Framework of the 4-H Youth Development Program.

Council members are encouraged to participate in the decision making for program operations, and the Council raises funds to support 4-H at the County level.

Council develops mechanisms for providing training and support of adult volunteers and youth.

Is your Club represented at Council meetings?

| Club | July | Sept | Nov. | Jan. | March | May |
|------------------|------|------|------|------|-------|-----|
| Arbuckle | X | X | | | | |
| Colusa Community | X | X | | | | |
| Colusa Swine | X | X | | | | |
| Maxwell | X | X | | | | |
| Princeton | | | | | | |
| Williams | X | X | | | | |

The next Council meeting is Wednesday, November 20, at 6:30 p.m. in the CIP Conference Room. Please contact your Community Club Leader if you are interested in being involved with your 4-H Council. We encourage participation of all leaders, members, and parents.

COUNTYWIDE CRAFT EXPO INFORMATION

The Countywide Craft Expo will be held on Saturday, November 2, from 9 a.m. to 3 p.m. in Festival Hall at the Colusa County Fairgrounds. Everyone is welcome to attend, as it is open to the public, so be sure and tell your friends and neighbors!

Stay for the day, and it will count as a Countywide 4-H Arts and Crafts project! Be sure and look for it when you sign up online this year! It will be listed as Arts & Crafts: Countywide Craft Expo.

If you would like to have a booth and teach a craft project, please contact the office and let us know! Then you can surf the web and Pinterest to pick out your project! It can be a holiday project, but it doesn't have to be!

If you want to be an Arts & Crafts leader this year, this could be the start of your project!

If there is anyone interested in helping kids make friendship bracelets during Craft Expo, please let the office know soon! It could be a group of people taking turns during the day!





ENROLLMENT TIME!

It's Enrollment time! Please take the time to enroll at home, or attend one of the Enrollment Nights listed below. Complete member enrollment is:

1. Fees paid \$70, \$75 for Colusa Community and Colusa Swine
2. Enrolled online, click to begin <https://california.4honline.com/Login.aspx?>
3. Fair requirements sheet signed and turned in to your Community Club leader.

New Volunteers

For new volunteers, you will need to:

1. Enroll online <https://california.4honline.com/Login.aspx?>
2. Sign up for an in person orientation, times to be announced
3. Have fingerprints taken. Fingerprints are taken on Tuesdays at the Sheriff's Office. Please call them at 458-0233 to schedule your appointment. Call the 4-H Office to request the form that you will need to take with you to your appointment.
4. Take the New Volunteer eXtension course. Enrollment key is Colusa, with a capital C. The title is 2019-20 CA New Vol <https://campus.extension.org/nrol/index.php?id=1731>

Returning Volunteers *

If you are a returning volunteer:

1. Enroll online <https://california.4honline.com/Login.aspx?>
2. Take Refresher course in eXtension, <https://campus.extension.org/enrol/index.php?id=1732>. When it asks for the enrollment key, it is Colusa with a capital C. The title is 2019-20 California Returning Volunteers Training.

Lastly, pay your enrollment fees of \$25 to the Community Club Leader.

* Please note that if you are a volunteer, but have a break in service, you will need to complete the new volunteer process again. You can avoid this by paying your leader dues and continuing as a returning volunteer for the years that you aren't participating.

COLUSA COUNTY FAIR DATES FOR 2020

Colusa County Fair will be the week of June 8 to the 14th

Fair Theme is "Barn in the USA" Start thinking of decorations!





FIRST YEAR EXPERIENCE FEEDBACK

All first year families will be invited via email to complete a quick survey about the first-year experience in 4-H. Your feedback will inform local, county, and state 4-H staff about the current volunteer experience and help find ways to make it better, like creating new trainings and curriculum. Please take the time to complete it.

The survey will come to you from either jlmiller@ucanr.edu or noreply@gemailserver.com so that you won't think it is junk mail.

NORTHERN YOUTH SUMMIT

Northern Youth Summit will take place Nov. 15-17 at the Sly Park Environmental Education Center in Pollock Pines. The registration deadline is October 4. Any questions, email 4hgreenclover@gmail.com or click here http://4h.ucanr.edu/4-H_Events/Summits/

MINDFULNESS RETREAT

Mindfulness Retreat is going to be held November 1-3 at Camp Ocean Pines in Cambria, California. Teens aged 13-19 are invited to attend this retreat. It will develop their health and well being by learning how to lead a healthy lifestyle and gaining skills to be a health advocate for their community!

Participants will learn: What Mindfulness is

- Mindful Eating
- Group Yoga
- Practice digital-less communication and listening
- Hiking and Nature Scavenger Hunt
- Star Gazing
- Stress reduction techniques and activities

Registration deadline is October 1, 2019. Click below for more information!

<http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/>





October Birthdays

Washburn Ag & Feed Co Workshops



HAPPY BIRTHDAY

- * Addyson Jansen * Aiden Rivera * Alex Winn * Ashlyn Cline * Audrey Klugh * Ava Barrett *
- * Boone Murphy * Bryce Cantrell * Cody Pearson * Cris Winn * David Marsh-Fong *
- * Deana Martinez * Estefania Rodriuez * Jaden Chavez * Jason Waldron * Jillian Benner *
- * Jordyn Stephens * Lance Pearson * Leah Charter * Liliana Lievanos * Logan Umble *
- * Luke Pearson * Macey Gomes * Matthew Mondragon * Mikey Mondragon * Noel Velazquez *
- * Owen Girard * Quinn Van Laningham * Rebeca Tinoco * Reed La Grande * Sophia Pearson *
- *Teagan Murphy * Tyler Garrison * Uriel Hernandez *

WASHBURN AG & FEED CO WORKSHOPS!

Washburn Ag and Feed Co. is going to offer two workshops for large and small animals.

The Large animal field day will be held on January 11, 2020

The Small animal field day will be March 7, 2020

The following topics will be covered: Animal Selection

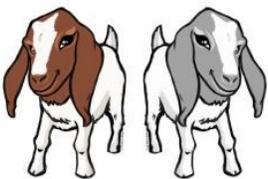
Nutrition and Feeding

Health Management

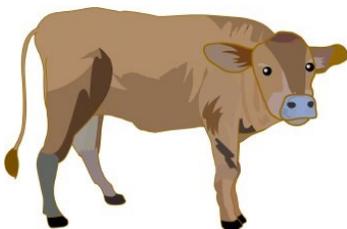
Showmanship

Raffle Prizes

Food and Drinks!



Be sure and mark your calendars! They are located at 1100 Old Highway 99W



shutterstock - 146207888





THE 4-H PLEDGE

Every day I use what I
learned and practiced in 4-H.
It was the best activity of my
youth and life!
-4-H Member

I pledge my...

HEAD to clearer thinking,
HEART to greater loyalty,
HANDS to larger service,
HEALTH to better living,
for my club,
my community,
my country,
and my world.

Yo prometo

mi mente para pensar claro,
Mi corazón para ser leal,
Mis manos para servir mejor,
y **mi salud** para vivir mejor,
en mi club,
mi comunidad,
mi nación,
y mi mundo



University of California
Agriculture and Natural Resources



Copyright © 2014 The Regents of the University of California.

UCCE COLUSA COUNTY 4-H OFFICE
100 Sunrise Blvd, Suite E
Colusa, CA 95932
530.458.0570

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>)

Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.



2019-2020 Colusa County 4-H Calendar

Tentative - please check the most recent Newsletter for updated information

July thru December 2019

| July 2019 | | | | |
|-----------|-------|--------------------------------|---------------|---------|
| Fri-Sat | 5-13 | Citizenship Washington Focus | Washington DC | - |
| Sun-Fri | 14-19 | Leadership Washington Focus | Washington DC | - |
| Thurs-Sun | 18-21 | State Leadership Conference | UC Davis | - |
| Wednesday | 24 | Community Club Leaders Meeting | CIP Room | 5:30 pm |
| Wednesday | 24 | Colusa County Council Meeting | CIP Room | 7:00 pm |
| Tuesday | 30 | County Record Book Evaluation | CIP Room | 5:00 pm |

| August 2019 | | | | |
|-------------|-----|--|-------------------------|---------|
| - | TBA | Home Ec Tour | Various Chico locations | - |
| Monday | 19 | Enrollment Night - Williams | Williams Upper Ele. | 5:30 pm |
| Wednesday | 21 | Enrollment Night - Maxwell | Maxwell Elementary | 5:30 pm |
| Monday | 26 | Enrollment Night - Colusa/Colusa Swine | Colusa High School | 5:00 pm |
| Wednesday | 28 | Enrollment Night - Princeton | Princeton High School | 6:00 pm |

| September 2019 | | | | |
|----------------|----------|--|---------------------|---------|
| Monday | 2 | Office Closed-Holiday | Labor Day | |
| Tuesday | 10 | Enrollment Night - Arbuckle | Arbuckle Elementary | 7:00 pm |
| Monday | 9 | The Volunteer Retreat – REGISTRATION DEADLINE | Online | - |
| Monday | TBA | New Volunteer Orientation | CIP Room | 5:30 pm |
| Wednesday | 18 | Colusa County Council Meeting | CIP Room | 6:30 pm |

| October 2019 | | | | |
|----------------|-----------|---|---------------------------|----------------------|
| Sun-Sat | 6-12 | National 4-H Week | Colusa County | - |
| Monday | 14 | Awards Night-Colusa Swine | CIP Conference Room | 6:00 p.m. |
| Tuesday | 15 | ENROLLMENT DEADLINE FOR FAIR PARTICIPATION | CLUB LEADER/ONLINE | 5:00 P.M. |
| Thursday | TBA | New Volunteer Orientation | CIP Room | 5:30 pm |

| November 2019 | | | | |
|------------------|--------------|---|--------------------------------|-----------------|
| Saturday | 2 | Make It Take It Craft Expo | Fairground Festival Hall | 9:00am |
| - | TBA | Nat'l 4-H Conference Application Due | Online-State 4-H Office | 11:59 pm |
| Wednesday | 6 | Awards Night-Maxwell | Maxwell Elementary | 6:00 p.m. |
| Fri-Sun | 8-10 | The Volunteer Retreat | Asilomar, Pacific Grove | - |
| Monday | 11 | Awards Night-Arbuckle | Arbuckle Elementary | 7:00 p.m. |
| Monday | 11 | Office Closed-Holiday | Veteran's Day | - |
| Fri-Sun | 15-17 | Northern Youth Summit | Sly Park, Pollock Pines | - |
| Wednesday | 20 | Colusa County Council | CIP Room | 6:30 pm |
| Thurs-Fri | 27-28 | Office Closed-Holiday | Thanksgiving | - |
| | TBA | Awards Night-Princeton | | |



| | | | | |
|--|------------|------------------------------|--|--|
| | TBA | Awards Night-Williams | | |
|--|------------|------------------------------|--|--|

| December 2019 | | | | |
|----------------------|--------------|------------------------------|-----------------|----------|
| Monday | 23-31 | Office Closed-Holiday | Holidays | - |

January thru June 2020

| January 2020 | | | | |
|---------------------|--------------|--------------------------------|-----------------------------------|----------|
| Monday | Jan 1 | Office Closed-Holiday | Holidays | - |
| Wednesday | 15 | Colusa County Council Meeting | CIP Room | 6:30 pm |
| Saturday | 18/TBA | Chico State Swine Day | CSUC Farm | 8:00 am |
| Monday | 20 | Office Closed – Holiday | Martin Luther King Jr. Day | - |

| February 2020 | | | | |
|----------------------|-----------|---|------------------------|----------|
| Saturday | 1 | CSU Chico Sheep & Goat Day | CSUC Pavilion | 8:00 am |
| Saturday | 8 | County Presentation Day | Princeton Elementary | 8:00 am |
| Monday | 17 | Office Closed – Holiday | President’s Day | - |
| Saturday | 29 | Home Ec Revue, Cooking Craze, and Fashion Revue | Maxwell Elementary | 9:00 am |

| March 2020 | | | | |
|-------------------|-----------|---|-------------------------|----------|
| Monday | 2 | Scholarship, County Ambassador, Jr/Teen Merit Applications AVAILABLE | - | - |
| Wednesday | 18 | Colusa County Council Meeting | CIP Room | 6:30 pm |
| Monday | 30 | Office Closed-Holiday | Cesar Chavez Day | - |

| April 2020 | | | | |
|-------------------|----------|---|-------------------|----------------|
| Monday | 6 | Scholarship, County Ambassador, Jr/Teen Merit Applications DUE | 4-H Office | 5:00 pm |
| Saturday | 4 | Small Animal Field Day | Fairgrounds | 9:00 am |

| May 2020 | | | | |
|-----------------|-----------|---|---------------------|----------------|
| Wednesday | 15 | Colusa County Council Meeting | CIP Room | 6:30 pm |
| Monday | 25 | Office Closed-Holiday | Memorial Day | - |
| Friday | 29 | Educational Displays and Trash Can entries DUE | 4-H Office | 5:00 pm |

| June 2020 | | | | |
|------------------|-----------|---|-------------|----------|
| - | TBA | State Field Day | UC Davis | - |
| Mon-Sun | 8-14 | Colusa County Fair | Fairgrounds | - |
| - | TBA | California Focus | Sacramento | - |
| Tuesday | 30 | Record Books DUE to Community Club Leaders | - | - |

| July 2020 | | | | |
|------------------|-----------|---------------------|------------|--|
| Thursday | 23 | Home Ec Tour | TBA | |



Save the Date!

**Animal Field Days
coming to Arbuckle**

L a r g e A n i m a l
J a n 1 1 t h 2 0 2 0

S m a l l A n i m a l
M a r c h 7 t h 2 0 2 0

**OPEN TO ALL COLUSA COUNTY
4H EXHIBITORS**

Hosted by Washburn Ag & Feed Co.