

4-H ROUNDUP NEWSLETTER

JUNE & JULY 2020

Summer



GLENN
COUNTY



4-H Youth Development
UC COOPERATIVE EXTENSION

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INSERTS

2020 Record Book PDR "Tip" Sheet
2019-20 "Pink" Record Book Info Sheet

Christine Kampmann

Christine Kampmann

4-H Youth Development
Community Education
Specialist

Sara van Tol

Sara van Tol

4-H Youth Development
Interim Program
Representative

Lea Eddy

Lea Eddy

4-H Accounting & General
Services Specialist



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To simplify information, trade names of products have been used. No endorsement of named products is intended, nor is criticism implied of similar.

THIS MONTH'S HIGHLIGHTS

Record Books

MEMBERS - Record Books are due to your Key Leaders by Monday, July 6, 2020.

KEY LEADERS - Record books are due to the UCCE Office by **Monday, August 3, 2020**, for county record book evaluation. **Books can be dropped off at the UCCE Office. We will have a drop box for members and leaders to drop books in the office during business hours, just call ahead first due to the office being temporarily closed. An outside drop box will be available soon.**

All 4-H members must submit a record book, or at least an APR (Annual Project Report), at the end of the year in order to receive a year pin and stripe and to sell at next year's Junior Livestock Auction.

BE SURE TO USE THE 2019-2020 PINK RECORD BOOK INFORMATION AND EVALUATION ADVANCEMENT SHEET IN YOUR BOOK!

Record Books receiving a Blue or Gold at club level are eligible to compete at the County Record Book Evaluation.

More record book tips and resources on page 4.

Go check it out!

Glenn County Record Book Tip Sheet Available on our website!

BOOKS DUE July 6, 2020!

CONGRATULATIONS TO OUR GRADUATING SENIORS!



Congratulations to Daria Danley, George Amaro, Justin Chapman, Lauren Taylor, Noah Bostrom, Paisley Weigel, Sarah Mendonca, Sheyenne Munguia and Wade Gruenwald



GLENN COUNTY 4-H COUNCIL UPDATES

COUNCIL MEETING DATES

Council Meeting Dates:

Monday, June 15, 2020



All Council Agendas and Minutes are available online at: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/4-H_Council/.

Agendas to include:

County Event Reports—
Budget—Fundraising—Program
Updates—and more.....

The Council Meetings will be held at **7:00 p.m.** via zoom. We encourage all leaders and members (14 years and older) to take an active part in the decision-making process as you are voting members. All clubs should be represented. Contact the Cooperative Extension Office with the names of your representatives that plan to attend so they can be emailed a copy of the agenda. Notify the office if you have any items you would like included on an agenda by the first of the month.

COUNCIL CLUB REPRESENTATION

COUNCIL ATTENDANCE	J	A	S	O	N	J	F	M	A	J
Capay 4-H Club	X	X	X	X	X	X	X	X		
Clover 4-H Club	X	X	X	X	X	X	X	X		
Elk Creek 4-H Club	---	---	X	X	X	---	---	---		
Grindstone Rancheria 4-H Club	X	X	X	---	---	---	---	---		
Lake 4-H Club	X	X	X	X	X	X	X	X		
Orland 4-H Club	---	---	X	---	X	---	---	X		
Plaza 4-H Club	---	---	---	---	---	---	X	---		
Schaffert 4-H Club	X	X	X	---	---	X	X	X		
Stoney Creek 4-H Club	X	X	X	X	X	X	X	X		
Willows 4-H Club	X	X	X	X	X	X	X	X		

HOME ECONOMICS AWARD

If you are enrolled in a home economics project (arts & crafts, foods & nutrition, cake decorating, arts & crafts, leather craft, scrap booking, flower arranging, clothing & textiles {sewing}, quilting, woodworking or photography, etc.), you can apply for the special home economics awards. The top scoring person in each age division IN EACH PROJECT will receive a trophy. The application can be found online at: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Scholarships_and_Awards/Home_Economics_Award/. Be sure to ask questions of your project leaders, as well. They can be very helpful in getting members organized for these special awards. Applications are due to the UCCE Office by **Monday, July 6, 2020**. Do not turn in with your record book.

5 PRESENTATION AWARD

Reminder: If you give a presentation from the categories of the State Presentation manual to five different audiences, you will receive a special medal sponsored by 4-H Council. Giving a presentation at the County Presentation Day is a good start! Be sure to complete the form and get the proper signatures. The form is available at the Cooperative Extension Office or online at http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Scholarships_and_Awards/5_Presentation_Award/. The deadline is **Monday, July 6, 2020** at the UCCE Office.

DAN GOMES FAMILY OUTSTANDING DAIRY AWARD

The Dan Gomes Family Outstanding Dairy Award application is being emailed to all dairy members. The application is also available at the UCCE Office and on the website at http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Scholarships_and_Awards/Dan_Gomes_Family_Outstanding_Dairy_Award/. The deadline is **Monday, July 6, 2020**.

4-H PROJECT PROFICIENCIES

For members to qualify for proficiency awards, they must complete all requirements and proficiency forms. Members must also have completed six hours of project instruction for that specific project and have up-to-date enrollment. Turn all proficiency forms into the UCCE Office by **Monday, July 6, 2020** with all required signatures. A proficiency medal will be sponsored by the Glenn County Council and awarded at the Star Awards when a skill level is completed. For more information and forms, visit: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Project_Information/Project_Proficiency/.

GLENN COUNTY 4-H STAFF REPORT

2020-2021 4-H ENROLLMENT

REMEMBER...

You can re-enroll for the 2020-2021 4-H year in 4hOnline starting on **Wednesday, July 1, 2020** at <https://california.4honline.com>.

It's Time to Re-enroll and Enroll in 4-H Online!

4Honline
4-H Enrollment and Event Registration



4-H CAMP UPDATE— 4-H overnight summer camp is cancelled



Due to COVID-19, we will be cancelling the 2020 Overnight Summer Camp at Camp Tehama, Mill Creek, CA.

For more information, <http://4h.ucanr.edu/Programs/Camps/>.

CAMP COUNSELORS ARE WORKING VERY HARD TO CREATE AN ALTERNATIVE OPTION! More coming soon!

KEY LEADERS—END-OF-THE-YEAR

Attention Key Leaders: It is time to complete the end-of-the-year paperwork. Please be sure to complete and bring in to the UCCE Office the following items:

- The complete Club Outreach—Changes Only (Due no later than June 15)
- The 2019-2020 Club Completion Report with all of the results of all members and leaders. (Due no later than Aug 3)
- Turn in all your club Record Books that met the requirements to be evaluated at the county level. (Due no later than Aug 3)
- Club Treasurer's Book (Due no later than Aug 3)
- Club Secretary's Book (Due no later than Aug 3)

Make sure you turn in your officer binders you received at the officer training by August 3.

MARY LANZI, BRAD JASPER, & OLIVER WILSON AWARD APPLICATIONS!

Calling all Home Economic (ABA), Food & Nutrition, and Beef 4-H members! If you are enrolled in a home economics (Anything But Animals) project, Food & Nutrition project, or a Beef project, you can apply for the special memorial awards. The top scoring person for EACH AWARD (Mary Lanzi, Brad Jasper, and Oliver Wilson) will receive a plaque and will have their name engraved on the award plaque in the UCCE Office. Information and the award applications can be found online at http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Scholarships_and_Awards/. Be sure to ask questions of your project leaders, as well. They can be very helpful in getting members organized for these special awards. Applications are due to the UCCE Office by **Monday, July 6, 2020**. Do not turn in with your record book.



Cooperative Extension Office Closed for Holiday

The UCCE Office will be closed **Friday, July 3**, in observance of Independence Day.

OFFICE HOURS: Monday 8:00 a.m. - 6:00 p.m. & Tuesday through Friday, 8:00 a.m. - 5:00 p.m.

4-H RECORD BOOKS

RECORD BOOK TIPS AND RESOURCES

DUE
TO YOUR KEY LEADER

JULY 6th

HOW TO RECEIVE A 4-H YEAR PIN & STRIPE

- Turn in your 4-H Record Book to your club's Key Leader or the UCCE Office with at least one Annual Project Report for each project completed this year by **MONDAY, JULY 6, 2020**.
- If you need a record book cover or project sheets, contact the UCCE Office at 865-1107. If you need help, contact a local 4-H Leader.
- The Year Pin & Stripe will be given at your club's Fall Achievement Awards.

All youth (9-18 years of age) who complete a project in 4-H annually receive a year stripe and pin, and primary members (5-8 years of age) receive a year stripe and pin for participation in the project. To see project completion requirements check out the new [Steps to Success in 4-H](#).

4-H Record Book Guide and "PDR" Tip Sheet is available online at: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Forms_839/.

If you need any of the forms for your record book, you can get them online at: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Forms_839/ or visit the following links:

4-H RECORD BOOK RESOURCES

STATE RECORD BOOK WEBPAGE

<http://www.ca4h.org/Resources/Members/RecordBook/>

ONLINE RECORD BOOK

<https://4horb.ucanr.edu/login.cfm>

DOWNLOAD THE NEW 4-H RECORD BOOK FORMS

http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/Forms_839/

COMPETITION INFORMATION

<http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition>

CLUB AND PROJECT INFORMATION

CLUB CONTACT INFORMATION

CAPAY 4-H CLUB

Community Club Leader:
Vidi Gonzalez
Christine Kampmann
Contact information:
christine.kampmann01@gmail.com
vgonzalezxxa@gmail.com
Meeting Schedule:
2nd Monday of the month at
Capay Elementary,
Sept-Jan @ 7:00 p.m.

ORLAND 4-H CLUB

Community Club Leader:
Jennifer Griffith
Molly Griffith
Charlene Tipton
Contact information:
jennifer_indn@yahoo.com
Molly.griffith16@yahoo.com
anissas_mom@yahoo.com
Meeting Schedule:
2nd Monday of the month at
UCCE Office, 6:30 p.m.

ELK CREEK 4-H CLUB

Community Club Leader:
Meagan Groteguth
Contact information:
meaganforbes26@icloud.com
Meeting Schedule:
2nd Tuesday of the month at Elk
Creek Grange, 6:00 p.m.

GRINDSTONE 4-H CLUB

Community Club Leader:
Aaston Burrows
Contact information:
jjhm_1982@yahoo.com
Meeting Schedule:
2nd Monday of the month at
Grindstone Community Center,
6:00 p.m.

PLAZA 4-H CLUB

Community Club Leader:
Kathy Bartels
Contact information:
katbartels@hotmail.com
Meeting Schedule:
2nd Monday of the month at
Plaza School, 7:00 p.m.

STONEY CREEK 4-H CLUB

Community Club Leader:
Rosie Inzunza
Contact information:
inzunzas9@att.net
Meeting Schedule:
2nd Tuesday of the month at
UCCE Office, 7:00 p.m.

WILLOWS 4-H CLUB

Community Club Leader:
Abby Alves
Contact information:
cowgirl95988@yahoo.com
Meeting Schedule:
2nd Monday of the month at
Murdock School, 7:00 p.m.

SCHAFFERT 4-H CLUB

Community Club Leader:
Marc Sanchez
Contact information:
schaffert4H@gmail.com
Meeting Schedule:
2nd Wednesday of the month
at CK Price School, 6:45 p.m.

CLOVER 4-H CLUB

Community Club Leader:
Eileen & Luke Niblack
Contact information:
le5niblack@gmail.com
Meeting Schedule:
2nd Monday of the month at
Jacinto Grange, 7:00 p.m.

LAKE 4-H CLUB

Community Club Leader:
Katie Boles
Charissa Olmos
Contact information:
kateseale@earthlink.net
colmos@me.com
Meeting Schedule:
2nd Monday of the month at
Lake Elementary, 7:00 p.m.



THE 4-H PLEDGE

I pledge...

-  **my HEAD** to clearer thinking.
-  **my HEART** to greater loyalty.
-  **my HANDS** to larger service.
-  **my HEALTH** to better living.

For my club, my community, my country and my world.

MICHIGAN STATE UNIVERSITY Extension

ZOOM MEETINGS



KEY LEADERS & PROJECT LEADERS -

Want to hold a “virtual” project meeting via Zoom during these unprecedented times?? We can help you!

Email ljeddy@ucanr.edu or ckampmann@ucanr.edu and include information on project, date, time and meeting duration and they will send you connection information for your meeting. A device with internet and webcam is the most effective way to participate in a Zoom meeting. Audio can be accessed by phone or microphone. Participants can join with “audio only” if they do not have access to a device connected to the internet.

we are all in this together

HONORS AND RECOGNITION

2020 GLENN COUNTY 4-H SCHOLARSHIPS AWARDED



There were eight outstanding, Glenn County 4-H graduating seniors were selected on April 2, 2020, to receive a total of \$2,500.00 in scholarships. The eight seniors receiving scholarships are Lauren Taylor, Daria Danley, Sarah Mendonca, Noah Bostrom, Sheyenne Munguia, Paisley Weigel, George Amaro, and Wade Gruenwald. Congratulations to the scholarship recipients and best wishes to them with their higher education plans. Thank you to our selection panel for their time and effort; it is greatly appreciated.

Congratulations!



LAUREN TAYLOR, of the Clover 4-H Club, is the recipient of a \$500 Glenn County 4-H Council Scholarship. She has been in 4-H for 10 years and is a senior at Willows High School. She has participated in numerous projects including 4-H Camp Counselor and Youth Director. Lauren has been an ASB Officer for two years and is currently the WHS FFA Chapter Secretary. Lauren plans to attend Calpoly San Luis Obispo and plans on majoring in Landscape Architecture.



DARIA DANLEY, of the Clover 4-H Club, is the recipient of a \$500 Glenn County 4-H Council Scholarship. She has been in 4-H for eight years and is a senior at Willows High School. She has participated in many 4-H projects, including quilting, sewing and is serving on the Glenn County 4-H Council as the Vice President of ABA (Anything but Animals). Daria will be attending Montana State University in the fall and will be striving for a medical degree. She plans to work abroad with Doctors Without Borders or open her own medical practice in a rural community.



SARAH MENDONCA, of the Clover 4-H Club, is the recipient of a \$300 Glenn County 4-H Council Scholarship. She has been in 4-H for nine years and is a senior at Chico High School. She has participated in many 4-H projects, including Teen/Junior Leader for the Market Goat project for five years. She has been a member of the 4-H County Ambassador Team for two years and was her community club's Secretary. She is currently Chico High's FFA Secretary. Sarah will be attending Butte College in the fall and looking forward to earning a degree in Ag Business. She plans on working in sales in the agriculture industry.

HONORS AND RECOGNITION



NOAH BOSTROM, of the Stoney Creek 4-H Club, is the recipient of a \$300 Glenn County 4-H Council Scholarship. He has been in 4-H for four years and is a senior at William Finch Charter School. He has participated in many 4-H projects and leadership roles, including County Ambassador, Vice President of Livestock of the Glenn County 4-H Council, Stoney Creek Club Officer, 4-H Camp Counselor, Youth Leader for the Youth Conservation Corps and a California State 4-H Ambassador. He credits 4-H for many of his life skills. Noah will be attending Butte College and then transferring to Chico State University. He will be pursuing a career as a Conservation Officer.



SHEYENNE MUNGUIA, of the Willows 4-H Club, is the recipient of a \$300 Glenn County 4-H Council Scholarship. She has been in 4-H for 13 years and is a senior at Willows High School. She has participated in many 4-H leadership positions, including the 4-H County Ambassador program for five years. She is also, an active FFA member and has participated in the swine, rabbit and goat programs. Sheyenne will be attending Shasta College and will be striving for an Associate Degree in Agriculture Animal Science. She then plans to transfer to a four-year university and then aspires to be an Agricultural Educator.



PAISLEY WEIGEL, of the Lake 4-H Club, is the recipient of a \$250 Glenn County 4-H Council Scholarship. She has been in 4-H for seven years and is completing her schooling with Bear Flag Polytechnic and Butte College. She has participated in many leadership programs along with 4-H, including Ide Adobe Interpretive Association, Butte College Novel Writing Club, Writer's Club Amino App, 4-H Sewing Project Teen Leader and many more. Paisley will continue to attend Butte College in the fall and would like to become a novel editor and writer.



GEORGE AMARO, of the Willows 4-H Club, is the recipient of a \$250 Glenn County 4-H Council Scholarship. He has been in 4-H for nine years and is a senior at Willows High School. He has participated in 4-H as a Junior Leader for the Rabbit Project, Hi 4-H, 4-H Camp Counselor, Record Book and the Small Engine Projects. George will be attending Butte College in the fall and looks forward to an Associate Degree in welding and plans to work for PG&E.



WADE GRUENWALD, of the Capay 4-H Club, is the recipient of a \$100 Glenn County 4-H Council Scholarship. He has been in 4-H for 10 years and is a senior at Hamilton City High School. He has participated in many 4-H projects, including Junior Leader for Ornamental Horticulture and Swine. Wade will be attending Butte College in the fall.



HONORS AND RECOGNITION

2020-2021 NEW COUNTY AMBASSADOR TEAM MEMBER & ADVISOR ANNOUNCED!

Magella Millen has been selected for the Glenn County 4-H 2020-2021 County Ambassador Team, formerly known as the All Star & B.L.A.S.T. Team, which is the highest honor that can be achieved at the county-level through the 4-H program. Being a County Ambassador is an opportunity for further experience and growth in leadership and community involvement.

Magella is a member of the Clover 4-H Club and has been involved with 4-H for eleven years. Magella has been a Junior Leader in years past and is currently a Teen Leader for the Clover 4-H Goat Project and the President of the Clover 4-H Club. As a member of the community and Glenn County 4-H, Magella is always looking to further her involvement in the program. Congratulations to our 2020-2021 County Ambassador Team Member! We look forward to working with Magella soon to prepare for the next program year.

We are excited to welcome our new County Ambassador Team Advisor, Marlene Silveira. Marlene Silveira moved to Orland in 2001 from central California after her and her husband purchased their dairy farm. Since then Marlene has been a working hand on the dairy, raising two kids, and volunteering in many organizations. She was the Plaza School PTA Treasurer, Orland Aztecs Board member, Trojan Booster Club Vice President and the most recent, a board member for the California Milk Advisory Board. Now that her children are out of high school, Marlene is attending Chico State to earn her degree in Agriculture Business. In her free time, she loves to spend time with her family and traveling.

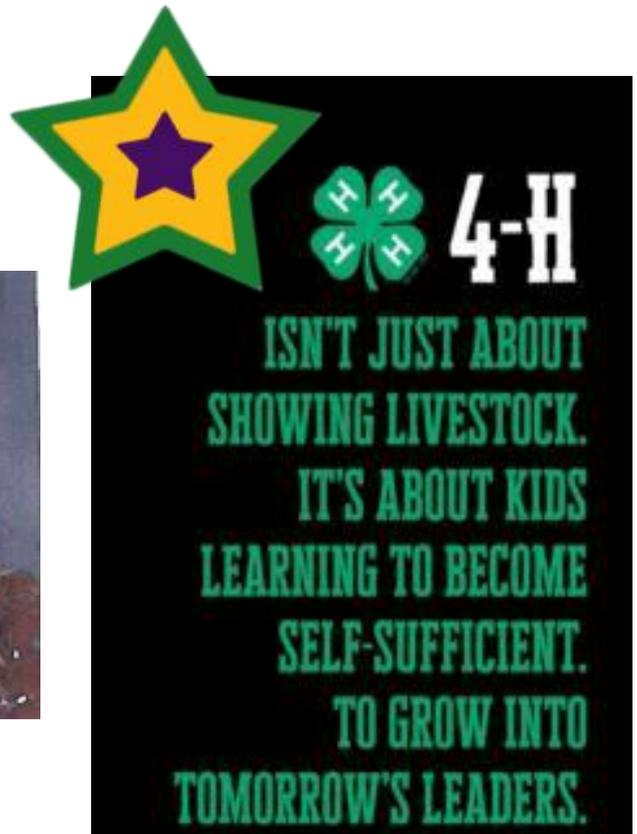
We are still looking for a few more 4-H members to apply to be a Junior Ambassador or County Ambassador to round out this team. If you are 13-18 years old, by December 31, 2020, and meet the 4-H membership requirements, we would love to have you on our team! To view the application and for more information and requirements, visit: http://ceglenn.ucanr.edu/Glenn_County_4-H_Program_286/County_Ambassador_Team/.



Marlene Silveira, 2020-2021 Glenn County 4-H County Ambassador Team Advisor



Magella Millen, 2020-2021 Glenn County 4-H County Ambassador



SECTIONAL, STATE & NATIONAL NEWS

UPDATES FROM CA 4-H

During this difficult time, 4-H staff and volunteers have been meeting regularly to address questions and concerns about the many events and activities that are coming up in the spring and summer. Because of guidance from the Governor and the CDC, please note the following changes to 4-H events:

- All summer overnight camps are cancelled through July 4th. Please see our FAQs about camps scheduled past July 4th. Updates will be posted regularly on our Camp page. Thank you to our Camping Advisory Committee for their diligent work to address health safety concerns.
- The State Fair and many county fairs have been cancelled. Please see our documents on [Market Animal Sale Options & Regulations](#) and [Junior Livestock Auction Guidelines](#) to answer questions you may have about 4-H livestock projects.
- The Horse Classic and Horse Education Contests are postponed until further notice.

CALIFORNIA 4-H AT HOME



We now have a new site to share information and resources to participate in 4-H activities from home: [California 4-H at Home](#). This site will be changing often as more resources and information are available, so please bookmark this site to check in.

Featuring:

- Calendar of live virtual events
- Links to resources you can download and do from home
- Guidance and resources to lead virtual 4-H Meetings
- Updates on 2020 4-H state and national events

We plan to continue to build this new site to give you ideas and support to participate and lead 4-H events from home.

CA 4-H ANNUAL REPORT

Growing Tomorrow's Leaders Today

4-H GROWS HERE

GROWTH

- +116%** COMMUNITY SERVICE PROJECTS
- +47%** ANIMAL SCIENCE PROJECTS
- +21%** STEM PROJECTS
- +37%** LEADERSHIP PROJECTS

The 4-H Annual Report for 2018-19 is now available on our homepage. So many things have changed in the past few months, but it's nice to look at all that we have accomplished to remember that we have good things happening in 4-H all the time! Thank you to the following counties for contributing stories: Mendocino, Lake, Butte, Contra Costa, Merced – and to the fabulous 4-H'ers who make us proud!

You can find our [Annual Report](#) on the state 4-H homepage. Please feel free to share!



Check Us Out On Facebook!

<http://www.facebook.com/pages/Glenn-County-Cooperative-Extension/198029678843>.

Don't Forget!



IMPORTANT DATES

Watch for more information on COVID-19 updates and moving forward with our 4-H program soon!

- Record Books due to Key Leader – Monday, July 6, 2020
- Home Economic Award Applications Due – Monday, July 6, 2020 to the UCCE Office
- All Memorial Award Applications Due – Monday, July 6, 2020 to the UCCE Office
- Proficiency Applications Due – Monday, July 6, 2020 to the UCCE Office
- 5 Presentation Award Applications Due – Monday, July 6, 2020 to the UCCE Office
- Blue & Gold Seal Record Books Advancing to County Record Book Evaluation Due – Monday, August 3, 2020 to the UCCE Office
- Key Leader End-of-the-Year Paperwork Due – Monday, August 3, 2020 to the UCCE Office
- County Record Book Evaluation Dates –TBD
- June Glenn County 4-H Council Meeting – Monday, June 15, 2020, 7:00 p.m. via Zoom

Details Inside!

Nonprofit Organization
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Permit No. 63

UC University of California
CE | Agriculture and
Natural Resources
Cooperative Extension - Glenn County
P.O. Box 697
Orland, CA 95963



Age Division: _____

Glenn County 4-H Record Book Information & Evaluation Advancement Sheet

Name _____ County _____ Club _____

Program Year: 2019-2020 Birthdate: _____ Age: _____ as of December 31, 2019

Star Rank: Current rank: _____ Applying for new star rank? Yes No Platinum Gold Silver Bronze

Leadership: Were you an officer during this year? Yes No Were you a Junior or Teen leader this year? Yes No
If yes, which project(s): _____

Record Books – Make sure to update and correct all notes and suggestions from your Key Leader and County Record Book Judging from your previous year. If a member forgets to list an entry in one year and wants to list it in the next year’s book, they can. List it the same way and make a note that this was done in XX year.

The Record Book Order and Set Up:

- **4-H Record Book Folder/or 3-Ring Binder:** Program year, member’s name, member’s division, county and 4-H club.
- **Correct Formatting:** Use only the California 2019-2020 4-H Record Book Manual and forms. All 4-H Online Record Book default print features are acceptable.

NEW Record Book Updates and COVID-19 Changes for 2019-2020

- 1. Record Book Sections that will NOT be Required:**
 - Collection of 4-H Work & Project Expression Pages
- 2. Record Book Sections that will be Evaluated:**
 - PDR (all parts), My 4-H Story, APR without the Expression Page, LDR (Intermediate and Seniors), Resume (Seniors Only)
- 3. No changes to the Requirements to receive a Star Rank**
- 4. Getting Signatures -** Getting signatures on the PDR, APR and LDR may take a little more effort this year. Members will not be penalized for using an alternate method to get leader signatures approvals. Here are the things that will work:
 - **Email the form to the right leader.**
 - The leader can sign it electronically OR
 - The leader can print it out, sign it with a pen, scan it, and send it back to you OR
 - The leader can send an email back to you saying they approve the document.
 - **Save these email exchanges and attach them to your Record Book as verification.**
 - **OR you could use regular mail**
 - **OR you could drop off on porches and back and forth – remember to social distance and follow CDC guidelines for not touching paper that others have touched for a few days.**

Contents in Order:

- **Glenn County 4-H Record Book Information and Evaluation Advancement Sheet 2019-2020**
 - **Section 1: Preliminary Information**
 - Title Page & Table of Contents (Title page may be in color and include graphics and larger text. Table of contents must list the order of the Record Book sections.)

- ❑ **Section 2: Personal Development Report**
 - Completed with all required signatures for current program year.
- ❑ **Section 3: My 4-H Story**
 - Completed with 12 to 14-point font, double-spaced. Your story can be printed on both sides and should meet the *minimum* word counts for your age division. Refer to the current State Record Book Manual for age division word guidelines.
- ❑ **Section 4: Projects**
 - This section includes Annual Project Reports and Expression Pages completed with required signatures from each project. Each project may have its own subsection or all of the projects may be continued within one section.
 - Project Expression Pages are not required this program year.
- Section 5: Collection of 4-H Work are not required this program year.**
- ❑ **Section 6: Leadership Development Report(s) – Intermediate & Senior Members ONLY**
 - This report is completed by Intermediate and Senior Members only (including Jr./Teen Leaders and Club Officer.)
 - Complete only One Part 1 (Pre and Post) for all of your leadership roles accomplished during the program year.) Complete Part 2 (Pre and Post) for every leadership role held during current year with all required signatures from the leaders. Each Part 2 (Pre and Post) completed counts as a separate credit under Category Four in the PDR.
- ❑ **Section 7: Resume – Senior Members ONLY**
 - Senior members only. Maximum of two pages (each side counts as a page.)
 - Highlight your 4-H experiences and include a little of your outside of 4-H involvement.

Record Books may be submitted to the County Record Book Evaluation, if Blue or Gold Seal is awarded at the club level.

4-H MEMBER SIGNATURE

- ❑ I **would** like my Record Book submitted to the County Record Book Evaluation.
- ❑ I **do not** want my Record Book submitted to the County Record Book Evaluation

Member Signature: _____ Date: _____

4-H CLUB KEY LEADER SIGNATURE

- ❑ 4-H member was enrolled in the 4-H Youth Development Program during the entire program year for which the 4-H Record Book is being submitted.
- ❑ The Record Book received a Blue or Gold Seal at club level.
- ❑ Enclosed is the evaluation sheet from the club level review.

My signature below endorses that I have reviewed this 4-H Record Book and meets the guidelines stated in the current 4-H Record Book Manual and the criteria stated above.

Name: _____ Signature: _____ Date: _____



TIPSHEET

2019-2020 GLENN COUNTY 4-H RECORD BOOK Personal Development Report (PDR) TIP SHEET

This guidance document is to help identify the appropriate categories for your Glenn County 4-H activities. You may have additional activities that are not listed here. Please remember that the current 2019-2020 California 4-H Record Book Manual and Adult Partner's Guide is the official guidance document <http://4h.ucanr.edu/files/263720.pdf>.

Record Books – Make sure to update and correct all notes and suggestions from your Key Leader and County Record Book Judging from your previous year. If a member forgets to list an entry in one year and wants to list it in the next year's book, they can. List it the same way and make a note that this was done in XX year.

WHAT GOES WHERE? Where do I place everything I have accomplished this year in my Personal Development Report?

Here is a helpful tool for recording 4-H events and activities, but first, make sure to read these important guidelines:

- Record participation and activities both inside and outside of 4-H for the current program year.
- When you attend a 4-H event, record it as a 4-H event attended.
- If you did something at that event that meets the requirements in another area(s), you can record that as well, BUT that activity can only be counted in one category – it's your choice. **The statement explaining "double dipping" or "double counting" has changed to a positive statement, instead of a "Don't" statement. There are cases when a member may get to count an activity AND an event from the same event.**
- Some events and activities may be applicable for multiple categories. Record activities in the most appropriate or needed category for Star Ranks. Check out the requirements in the Star Ranking system at the beginning of the year to see where you need to focus.
- If you participate at an event activity in multiple roles, be sure to clearly differentiate the roles to ensure that the judge understands your specific contributions. We do not want the person that scores your book to think you accidentally double counted one activity.
- You may record up to two significant activities outside of 4-H in categories 2, 4, 5, 6 and 7.

The following outline matches the Personal Development Report. If you attended an event or accomplished something listed in a category, make sure you put it in that same numbered section on your PDR form for appropriate credit.

#1. Projects Completed

Record the projects you have completed. Complete a minimum of six hours of project instruction or more as required by the project leader. During the current year, 80% average attendance across all projects is required to receive an achievement rank.

#2. 4-H Project Skill Activities

Record events or activities that demonstrate your knowledge to an audience or judge. Activities may be recorded even if you are not enrolled in the corresponding project – as long as the skills are related to a 4-H project. This includes exhibits non-judged and judged, showmanship, knowledge contests and judging contests.

*** You may not participate as a 4-H member in jackpot or prospector shows as these shows do not comply with 4-H Policy.**

Participation in these shows should NOT be recorded as a 4-H experience or as an "Outside 4-H" experience. Events that do not comply with 4-H Policy may not be recorded in the Record Book at all.

- Window Display
- Judged at ABA Judging Day (ABA Extravaganza)
- Exhibited at Food Fiesta, Creative Arts & Skills Day
- Educational Display for Project
- Exhibited at Glenn Ag Expo (2 market animals in the same species count once unless competing in different divisions)
- Exhibited at Glenn Ag Expo (2 breeding/show animals in the same species count once unless competing in different divisions)
- Exhibited Animal in the Glenn Ag Expo Online Sale
- Exhibited project in the online Glenn County 4-H Virtual Showcase (1 per project type)

Project Skill Activities Outside of 4-H: Record participation at shows, competitions and contest that relate to a 4-H project skill but are NOT strictly 4-H events or do not have 4-H classes. Examples: Pacific Poultry Breeders Association Show, ARBA National Convention, AKC Dog Shows, and a Quilting Conference.

#3. Events Attended (must actively participate)

Record 4-H events that you attend during the year. Count any regular and virtual 4-H event that you attend outside of regular club and project meetings. Multiple day events, such as County Fair and Conferences count as one event. You may receive credit for attending the event as well as completing an activity that fits in another category.

The activities that do **NOT** count here as an event attended are: Chico State Sheep/ Goat/ and Swine Day, Farm Bureau Farm Day, Farm Bureau Crab Feed, and Friends of the Fair Dinner, as they are not specific 4-H events.

- County Event Planning meetings (Star Awards, ABA Day etc.)
- County Committee meeting (Budget, Record Book, Awards and Recognition, etc.)
- Council Meeting
- Northern California Management Board Meeting
- State Leadership Conference
- Club Officer Training
- Star Awards & Leaders' Appreciation Event
- Club Achievement Night
- Food Fiesta, Creative Arts & Skills Day
- Anything But Animals (ABA) Extravaganza
- Interview Contest
- County Presentation Day
- Virtual Northern Area (Sectional) Presentation Day
- Virtual State Presentation Day
- County 4-H Fundraiser Dinner
- 4-H Camp Planning Meetings
- 4-H Approved Fundraisers at Club and County Level
- Virtual State 4-H Field Day
- Glenn County 4-H Virtual Showcase
- Virtual Club Movie/Game Night

#4. Leadership Development

Record each project that you lead and each leadership position you hold at the club, county, sectional, state and/or national levels. The duties you perform in leadership roles are considered part of the position and cannot be counted as separate activities for any category on the PDR – *for example, if you have to give a report as a Club Officer, you cannot count your report as a Communication Skill because this reporting is part of your job as an officer.*

Intermediate and Senior members must complete the Leadership Development Report to receive credit. To meet the Star Rank criteria for gold and platinum stars, you must hold significant leadership roles that require 20 hours or more of leadership contribution. Count all of your training, meeting, planning and research hours as well as the hours spent leading toward this requirement. Junior members may earn significant leadership credits if they are a club officer and complete the Leadership Development Report.

- Leader Development Project (County Ambassador)
- Club Officer
- Junior/Teen Leader
- Committee Chairperson
- County Event Committee Chairperson
- Committee Member e.g.: at club level or higher (refreshments, county event planning, set up, clean up, server, decorations, window display, Corn Maze ticket sales)
- County Event Committee Member
- Monitor at Food Fiesta
- Evaluator or Room Coordinator at County and/or Sectional Presentation Day
- Camp Youth Director
- Camp Counselor
- Virtual Leadership, Healthy Living or Civic Engagement Training
- Virtual Room Host

Leadership Outside of 4-H: You may count two of your most significant leadership roles outside of 4-H and record them in this category. Examples: Student Body President, School Math Tutor, and Youth Group Leader.

#5. Citizenship and Community Service

Record your active participation in a planned, publicized and approved citizenship, service learning or community service activity. Credits are counted by event attended, not separate activities at that event.

Do not count fundraising activities for personal benefit under Citizenship/Community Service. This includes fundraising activities that support group attendance at county, sectional, state or national 4-H events. You may record this activity under category #3: 4-H Events Attended.

- Red Ribbon Week - wore Glenn County 4-H bracelet in public, sponsored by Glenn County Farm Bureau
- National 4-H Week- wore 4-H uniform in public
- Speaker at Board of Supervisors Meeting
- Participated in 4-H club's Make a Difference Day project
- Hi 4-H Trick or Treat Canned Food Drive
- Worked at the Corn Maze Clean Up Day
- Individually provided a door prize for a 4-H event
- Volunteered at a local organization's fundraiser events (Fireman's Dinners, Parent Teacher Organization, etc.)
- Donated gift item(s) to Glenn County 4-H Adopt-A-Family or Hi 4-H Adopt-A-Family
- Farm Bureau Crab Feed 4-H Server (4-H Club level)
- Served at the Senior Citizen Dinner (4-H Club level)
- Donation to Club or County 4-H Coats-for-Kids Drive
- 4-H Club Free Community Dinner

Citizenship and Community Service Outside of 4-H: Count two significant citizenship or community service roles outside of 4-H and record them in this category. Examples: School clothing drive for disaster victims and donating at a blood drive.

#6. Communication Skills

Record communication activities that you participate in at any event inside or outside 4-H. Examples are 4-H presentations, virtual presentations, prepared talks, radio and television appearances, newspaper articles, letters, evaluate at 4-H event, representing 4-H, online communication, ORB spark score surveys. Do **NOT** include thank you letters (as it is common courtesy), calling members as part of a leadership role, and officer reports as communication activities. Be sure to write them in your Leadership Development Report "LDR" if it applies.

- Gave Project Report (prepared ahead)
- Speaker at Board of Supervisors Meeting
- ABA Extravaganza – Food Fiesta Evaluation Presentation
- Presented at County, Northern Area and/or State 4-H Presentation Days (Count each presentation separately)
- Gave Prepared 4-H Talk
- Gave 4-H Presentation (audience greater than 8 people)
- Evaluator or Room Coordinator at County Presentation Day
- Wrote article for the County 4-H RoundUp Newsletter (if not part of your leadership role)
- Sold Tickets for a 4-H event
- Representing and informing the public about 4-H at Corn Maze
- Leading Flag Salute/4-H Pledge at County and/or club level
- Representing and Informing the Public at Tractor Supply Company during Paper Clover Campaigns
- Virtual 4-H Presentation or Talk that you gave
- Camp Counselor Interview
- County Ambassador Team Interview
- Jr. County Ambassador Team Interview
- Scholarship Interview
- Interview Contest
- Oral Reasons at the County ABA Judging Field Days
- Emcee at County Events
- Buyers' letters or video as it is a persuasive essay (One letter sent to multiple recipients counts as one credit, but buyers' letters for different species can be counted separately)
- Completing all the spark score questions on ORB (4 per year).
- Your Record Book 4-H Story excerpt published in the County 4-H RoundUp Newsletter under "Member Spotlight"
- Prepared talk and video and/or prepared project story and photo submission for the Glenn County 4-H Virtual Showcase

Communication Outside of 4-H: Select up to two significant communication activities outside of 4-H and record them in this category. Examples: give a presentation at a school science fair, create and manage a personal blog, appear as a guest on a radio show about an upcoming performance that you are in.

#7. Honors and Recognitions

Record all high honors and recognition you have earned! Include honors earned at virtual events too. Other project-specific honors and recognition like seals and ribbons go in your Annual Project Report. You can record high honors and recognition if it is very big deal to you. If you are very, very, very proud of an award or honor, record it!

- Five Presentation Award
- Top Shooter/Archer per age division
- County Record Book Winner or Medalists
- County Event Committee Chairperson Medal
- Home Economics End of the Year Trophy and Medal Winner
- Mary Lanzi Perpetual Clothing Award Winner
- Gomes Family Dairy Award Winner
- Oliver Wilson Beef Memorial Award Winner
- Brad Jasper Perpetual Foods Award Winner
- Gold Medalist at County, Northern Area (Sectional) and/or State Presentation Day
- 100% Club Attendance
- Bronze Star
- Silver Star
- Gold Star
- Platinum Star
- County Ambassador Team Star
- Jr. County Ambassador Team Star
- Emerald Star
- Diamond Clover Award
- Top 1st time Presenter A.W. Bramwell Award
- 1st Place Ribbon for Livestock Showmanship
- Top 4-H Demonstrator Carel Kolousek Memorial Award

- Junior, Intermediate, Senior Virtual Market or Showmanship placing
- Reserve 4-H Champion
- 4-H Champion
- Virtual Supreme Champion
- Virtual Reserve Supreme Champion
- ABA Extravaganza – Food Fiesta Winner
- Proficiency Completion of Level 1
- Proficiency Completion of Level 2
- Proficiency Completion of Level 3

Honors and Recognition Outside of 4-H: Select two significant recognitions outside of 4-H and record them here. Examples: student of the year, champion sports team, Eagle Scout, honor roll, and musicianship award.

#8. Healthy Lifestyle Activities

Record participation in organized group activities related to a healthy lifestyle outside of the 4-H program. The idea of this section is to show that you use your free time actively engaged in healthy leisure. Each organization, group, activity or sport counts as one credit per 25 hours of active participation, and can be counted per quarter, up to four times per year. These activities are NOT counted: family vacations, academic work during school hours and homework, care for your pets or livestock, spectator activities, and events/activities that are not consistent with 4-H policy (including Jackpots, watching a play and observing faith-based ceremony or gathering).

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| • Academic Decathlon | • School or community camp (4-H Camp goes in category 3: Events Attended) |
| • AWANA | • FFA |
| • Band | • Football |
| • Baseball | • GATE |
| • Basketball | • Girl Scouts |
| • Book Club | • High School Rodeo |
| • Breed Associations | • Interact |
| • Boy Scouts | • Key Club |
| • California Junior Scholastic Federation | • Soccer |
| • California Scholastic Federation | • Softball |
| • Cattle Sorting Team | • SPARK or other after school programs |
| • Cattle Roping Team | • Spanish Club |
| • Cheerleading | • Swim Team |
| • Choir | • Track |
| • Church | • Vacation Bible School |
| • Drill Team | • Volleyball |
| • Employment | • Wrestling |
| • Field Hockey | • Virtual participation in music lessons, faith-based youth group, etc. |
| • Music lessons | |
| • Extracurricular activities related to schoolwork | |
| • Organization meetings and active participation | |

For additional information, please refer to the 2018-2019 California 4-H Record Book Manual. For questions, contact your 4-H Club Key Leader or the UCCE Office at (530) 865-1107.



Tips for Earning and Recording Star Rank Credits in a Virtual World

Purpose: To help youth reach their 4-H Star Rank advancements when events they were counting on are canceled.

We know you may be having many disappointments right now. We hope that you can still find ways to work toward your rank achievements, even when everything has to be done from home.

We hope this document will give you some ideas on how to continue your 4-H work from home.

If you need help earning credits, please reach out to your 4-H Club Leaders and 4-H Project Leaders to help you with ideas and to make sure that what you are planning will meet their expectations of completion.

It's okay if you don't reach your Star Rank goal this year. Make a plan for how you will achieve your goal next year. We all have disappointments in our lives and one of the best skills we can have is how to cope with disappointment. At the end of this document are some steps to take if you are sad or disappointed about not reaching your goal this year.

Did you attend something online? Here's how to record it.

Event/Activity Any virtual/distance learning 4-H Activity should be counted just like an in-person event/activity. <i>Examples:</i>	Level of Participation I = Individual, L = Local Club/Unit/Project, C = County, M = Multi-county/Area, S = State, N = National/Multi-State G = Global	Record Book Section PDR= Personal Development Report APR=Annual Project Report
Virtual State Presentation Day	S	PDR: Event Attended
Virtual Area Presentation Day	M	PDR: Event Attended
Virtual Club Movie/Game Night	L	PDR: Event Attended
Virtual Leadership, Healthy Living or Civic Engagement training	L	PDR: Leadership or Civic Engagement
Practicing project skills at home	I	APR: Learning Experience
Virtual Project Meetings	L or C	APR: Learning Experience
Virtual Room Host	C or M or S	PDR: Leadership
Virtual Club Meetings	L	
Virtual 4-H Presentation or Talk that you gave	Depends on who you presented to	PDR: Communication
Virtual participation in music lessons, faith-based youth group, etc.	L	PDR: Healthy Lifestyles

Personal Development Report

Events Attended

Record 4-H events that you attend during the year. Count any virtual 4-H event that you attend outside of regular club and project meetings.

- Virtual Club Movie/Game Night
- Virtual Area/State Presentation Day
- Virtual County Fashion Review

Communication Skills

Record communication activities that you participate in at any event inside or outside 4-H, including virtual presentations. Do not include thank you letters as communication activities.

- 4-H Presentations: To be counted as a presentation, you must meet the requirements in the [State 4-H Presentation Manual](#). Count 4-H Presentations given live over any virtual platform or prerecorded.
- Evaluator: Served as an evaluator for any virtual 4-H activity or contest.
- Prepared Talk: Any time you prepare (in advance of the event or activity) a report or talk, record this here.

Record prepared talks from any virtual event or meeting.

- Example: You give a prepared talk about virtual State Presentation Day to your club at the April Virtual Club Meeting.
- Written Communication: Newspaper articles, letters, Online Communication remain the same

Honors and Recognition

Record all high honors and recognition you have earned include honors earned at virtual events.

Annual Project Reports (APR)

Record every project-related activity or event where you learned something new or developed a skill related to the project.

- Any virtual or online project work.
 - Doing research
 - Working on a sewing project at home
 - Watching a documentary about the history of chicken showmanship
- Virtual project meetings
- Practicing project skills at home *
 - Practicing poultry showmanship with backyard chickens
 - Baking a cake in your kitchen
 - Practicing a new drawing technique

*Your Project Leader may want to see evidence of this, so you may want to do a short video from a phone, of what you did and share that video with your Project Leader.

Record Book Evaluations and Competitions

This year many club and county record book evaluation competitions may become virtual and require books to be submitted digitally in Microsoft Word or .pdf format. You may not need to print out your record book at all. In order to make it easier for Record Books to be uploaded as a Microsoft Word or .pdf file some Sections of the Record Book will NOT be required or be evaluated for the 2019-2020 Record Book Evaluation season:

- Collection of 4-H Work
- Project Expression Pages

Record Book Sections that will be Evaluated
PDR (all parts) My 4-H Story APR without the Expression Page LDR (Intermediate and Seniors) Resume (Seniors only)

Check with your Club Leader on how Record Book evaluations will be handled by your Club and County this year.

Getting signatures on the PDR, APR and LDR may take a little more effort this year. Here are the things that will work:

- 1) Email the form to the right leader.
 - The leader can sign it electronically OR
 - The leader can print it out, sign it with a pen, scan it, and send it back to you OR
 - The leader can send an email back to you saying they approve the document.
- 2) Save these email exchanges and attach them to your Record Book as verification.
- 3) OR you could use regular mail
- 4) OR you could drop off on porches and back and forth—remember to social distance and follow CDC guidelines for not touching paper that others have touched for a few days.

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