

Worksheet 1: Look Around; What Do You See?

Name: _____ Dates of Observations: _____

Directions: During the next few days while spending time with your family and possibly close friends, observe their behaviors. Count how many times anyone in that group completes any of the actions listed in the table below. Use tally marks to keep score. Make sure to guess their approximate age!

Behavior	Age 0-6 years	Age 7-14 years	Age 15-30 years	Age 30-60 years	Age 60+ years
Eye rubbing					
Mouth touching					
Nose touching					
Uncovered sneezing					
Covered sneezing					
Uncovered coughing					
Covered coughing					
Hand washing					
Hand sanitizing					
Object touching					
Sharing drinks					
Sharing food					
Touching others					
Wearing face covering					
Not wearing face covering					
Standing 6+ feet apart					
Standing less than 6 feet apart					

Based on your observations...

- Are there differences in behaviors across the different age groups?
- If so, why do you think people of different age groups behave differently.
- If not, why do you think people of different age groups behave similarly?
- Given what you observed, what do you think that means for the spreading of disease?