

Happy to see you! We will be starting soon.



1

Welcome

Composting Basics



- This event will be recorded for educational or promotional use by the University of California.
 - You can watch it on our YouTube Channel later.
 - You will be muted throughout to prevent background noise.
- Please post your questions in the "Q&A." They will be addressed at the end of the presentation.
- Use "Chat" for non-question conversations or comments. Change the "To" if needed to ensure your Chat is sent to those who you want to send it to.

Options:

 - "Private" if specific Chat only to an individual participant or speaker
 - "Panelists" if want to send a Chat only to the speakers
 - "Everyone" if you'd like all to see your Chat message




2

Who are the UCCE Stanislaus County Master Gardeners?



We extend research-based knowledge and information on home horticulture, pest management, and sustainable landscape practices.




3



Composting Basics

Special thanks to the UCCE Placer County Master Gardeners

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7

Agenda

- What is composting?
- What can you compost?
- Composting Methods
- Greens vs. Browns
- The Process
- Troubleshooting



8

The Composting Process Depends on:

- Organic Matter Composition
- Microorganisms
- Macroorganisms
- Water
- Oxygen/Air Flow
- Temperature



9

Composting turns this...into this!



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10

Composting

- Reduces your environmental impact
- Saves money on mulch and compost
- Is great exercise!



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11

Benefits

- Helps soil hold moisture
- Improves plant growth
- Provides slow-release nutrients
- Encourages healthy root structure
- Adds beneficial microbes
- Lightens clay soil or helps sandy soils hold water
- Helps reduce weeds

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12

Poll #1

Have you composted before?
 For how long?
 Yes, less than 5 years.
 Yes, more than 5 years.
 Yes, more than 10 years.
 Yes, 10 years or more.
 No, can't wait to learn more!

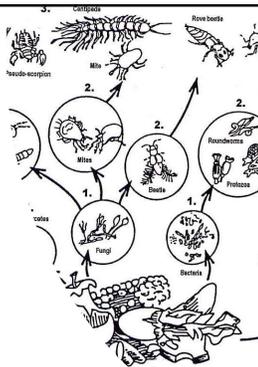


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13

Decomposers

- Grind, chew, suck, bite, & tear material
- Help turn organic matter into compost
- Turning the pile speeds up this process



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14

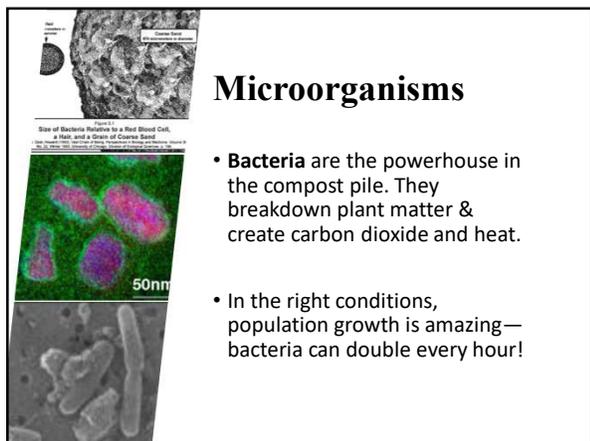
Macroorganisms

The decomposers we can see.

- Included are: Ants, centipedes, snails, sow bugs, worms, beetles, earwigs, grubs
- They are they physical decomposers because they grind, chew, suck, bite, and tear material.



15



Microorganisms

- **Bacteria** are the powerhouse in the compost pile. They breakdown plant matter & create carbon dioxide and heat.
- In the right conditions, population growth is amazing—bacteria can double every hour!

Figure 1
Size of Bacteria Relative to a Red Blood Cell,
a Hair, and a Grain of Cornmeal Sugar

50nm

16

Questions?

What do you think is okay to compost?

Type your answer into the chat box.



17

What Can You Compost?

- Grass clippings
- Yard waste
- Leaves, pine needles
- Fruit & vegetable scraps
- Tea bags, coffee grounds, eggshells
- Newspaper
- Shredded wood chips
- Some animal manures



18

Do Not Compost

- Dirt/soil
- Ashes from stove, fireplace, BBQ
- Animals products (meat, bones, fish, grease)
- Dairy products
- Sawdust from treated wood
- Diseased plants
- Weeds
- Human or meat-eating animal manures



19

Compost is a Mix of:

Browns

- Chopped woody prunings
- Pine needles
- Fallen/dried leaves
- Dried grass
- Straw
- Newsprint
- Most sawdust

Greens

- Tea bags
- Eggshells
- Coffee grounds & filters
- Citrus rinds
- Fruit waste
- Vegetable waste
- Shrub & grass clippings

20

Browns (Carbon rich)

- Usually dry, low moisture content
- Lightweight
- Examples: dry leaves, straw, sawdust, wood chips, corn stalks, cardboard, paper



21

Greens (Nitrogen rich)

- Needed to help with decomposition
- Examples: vegetable & fruit scraps, grass clippings, coffee grounds
- Rotted manure from non-meat-eating animals like rabbits, goats, horses, fowl *can be used but aren't essential*



22



UCCE Placer County Master Gardeners

Ratio

- 30 parts Carbon to 1-part Nitrogen
- Example: Two 5-gallon-buckets
 - one green to one brown
 - Compress browns, greens loose

23

Poll Time!



24

2. What are examples of allowed “browns” or carbon?

(Choose the correct answer)

- a) Straw, paper clips, potato chips
- b) Straw, dry leaves, wood chips, paper, newspaper
- c) Straw, dry leaves, wood ash, paper, newspaper



25

3. What are examples of allowed “greens” or nitrogen?

(Choose the correct answer)

- a) vegetable or fruit scraps, human or pet waste, coffee grounds
- b) vegetable or fruit scraps, meat scraps, bones, dairy products
- c) vegetable or fruit scraps, grass clippings, coffee grounds



26

4. What materials shouldn't be added to a compost pile?

(Choose all that apply)

- a) Bones
- b) Dairy products
- c) Vegetable scraps
- d) Animal waste
- e) Newspaper
- f) Wood ash
- g) Diseased plants or weeds



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27

Questions?



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28

Compost Systems



29

Pile vs. Bin



30

Compost Tools

- Wheelbarrow
- Hose & nozzle
- Shovels
- Garden/Soil Fork
- Thermometer



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31

Making the Pile

- Size: 3'X3'X3' to 5'X5'X5'
- Layer bottom with browns
- Materials should be chopped to 1/2"
- Keep pile moist, like a wrung-out sponge!
- Turn to aerate



32

Site Selection

- Shady area if possible
- On a level space
- Near a water source
- Convenient to access
- Inaccessible to pets and rodents
- Keep covered in winter
- In summer, keep wet with a micro-sprinkler



33

Standard Composting Method

- Needs a variety of materials
- Turn it each week
- 4-6 weeks for finished compost (summer)



34

Rapid Composting Method

- Needs a large supply of organic material
- Requires substantial chopping and shredding and more turning of the pile
- Can take less than one month.



35

Passive Composting Method

- Use if a steady supply of organic materials is not available
- Takes very little gardener time or labor
- Requires 6 months to 2 years to produce compost
- Smaller compost area needed, because pile is built as materials are available
- Little if any heat is produced, so weeds & pathogens are not killed



36

Poll Time!



37

5. Compost pile size should be:

- a) It doesn't matter.
- b) 3'x3' to 5'x5'
- c) larger than 5'x5'



38

6. Which composting method leaves a pile alone for a year?

(Choose the correct answer)

- a) Rapid.
- b) Standard.
- c) Passive.



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39

7. Which composting method requires a large supply of materials and can take less than a month?

(Choose the correct answer)

- a) Rapid.
- b) Standard.
- c) Passive.



40

8. Which composting method needs a variety of materials, weekly turning, and can take 4-6 weeks to produce compost? (Choose the correct answer)

- a) Rapid.
- b) Standard.
- c) Passive.



41

Questions?



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42

Water & the Pile

- **Wet pile:** pull it apart, loosen it, incorporate dry materials and remake it.
- **Dry pile:** turn & rewet material as it is being turned (some browns are hard to moisten)
- Seasonal considerations!!!



43

Oxygen

- **Aerobic composting** is preferable
- **Anaerobic decomposition** or fermentation
 - may produce compounds toxic to plants
 - produces ammonia & methane gas – smelly!
- **Passive aeration:** air is warmed by the compost process, rises through the pile, pulls in fresh air from the sides.
- **Active aeration:** turn and mix the compost, or build the pile effectively so surface air diffuses in



44

Balance

- Balance oxygen and water in the compost pile: 50% moisture + 50% O₂
- Consider moisture content of added materials (food scraps!)
- **Compost should be about as moist as a well wrung-out sponge. It should be moist to touch but yield no liquid when squeezed.**



45

Temperature

- Depends on pile size, oxygen & moisture content
- Affects biological activity:
- Microorganisms are active between 95 - 160°F
- Best decomposer bacteria thrive at 122 - 131°F.
- Above 140°F kills pathogens & weed seeds but slows decomposition.



46

Weekly Composting Tasks

- Watering the pile
- Aerating or turning the pile
- Testing pile with thermometer
 - Active piles must reach 140-160 °F within 24 hours to kill weed seeds and pathogens




47



How Long Process Takes Depends on:

- How hot is your pile?
- What you add to the pile & when
- How often you turn it
- Seasons/temperature
- Standard, passive, rapid, or method

48

How long it takes depends on..



- Density of material
- Particle size
- C & N content
- Moisture content
- Aeration
- Volume
- Insulating materials around the pile

49

For Best Results

- Optimum is 2 weeks of temperatures around 135° F
- Turn the pile when temps get above or below the optimum range
- If compost is properly moist and turning does not cause temperatures to rise, the compost is finished or needs more nitrogen.



50

When is it done?



- Materials broken down & unrecognizable
- Temperature is cool
- Feels like a wrung-out sponge
- Should smell earthy

51

Last Poll!

Which composting method do you want to try first?

- a) Rapid.
- b) Standard.
- c) Passive.



52

Questions?



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53

Troubleshooting

What to do when problems occur.



54

Troubleshooting: Pile with bad odor

- Too much water
- Not enough oxygen
- Too much nitrogen



55

Troubleshooting: Pile Won't Heat

- Not enough water
- Pile too small
- Not enough nitrogen/greens
- Particle size too large



56

Use Your Compost!

- In garden beds
- In potting mixes for indoor and outdoor plants
- For starting seeds
- To suffocate and prevent weeds
- Add onto your lawn (1/4") for nutrients



57

Using Mulch

- 1-4" thick around plantings
- 1' away from trunks
- 1' away from buildings



58

Composting

- Can be exercise disguised as fun 😊
- Is good for the environment
- Keeps materials on site and out of the landfill
- Helps reduce, reuse and recycle materials and nutrients!

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59

Questions?



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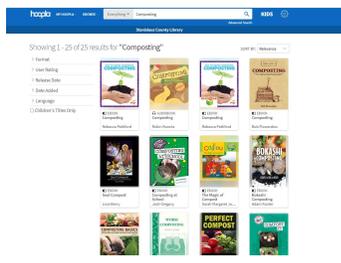
60

Stanislaus County Free Library

Vicki Salinas, Reference Librarian




61



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62

Stanislaus County Library Catalog Entry

Details for The Rodale book of composting : simple methods to improve your soil, recycle waste, grow healthier plants, and create an earth-friendly garden



Title: The Rodale book of composting : simple methods to improve your soil, recycle waste, grow healthier plants, and create an earth-friendly garden

ISBN: 978163551027

Editors: Newly revised and updated.

Publication Information: New York : Rodale Books, ©2018.

Physical Description: ix, 293 pages : illustrations ; 24 cm

Summary: Even though this book was written over 25 years ago, composting has undergone a renaissance, and this revised edition includes all the latest techniques, technology, equipment.

Subject Terms: Compost.

Added Author: Martin, Deborah L.

Holds: 0

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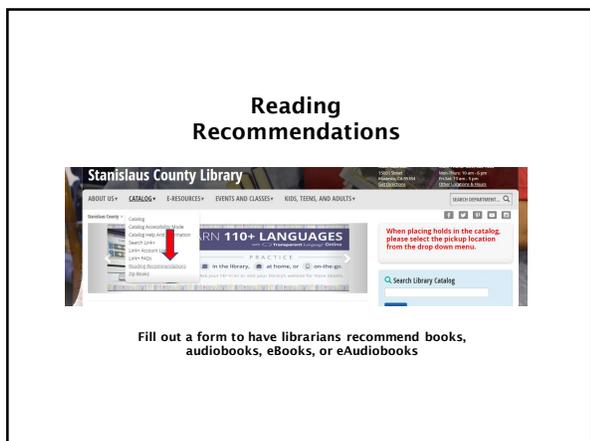
63



64



65



66

Help Us Grow!

Our follow-up survey provides us the tools we need to grow and improve the quality of our program.



67



Thank You!

Questions?
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68