

# Preventing Irrigation Runoff Irrigation Management in Home Gardens

Presented by:  
Carolyn Kinnon



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## ***San Diego County's 11 Watersheds*** ***No matter where you live, you're in one!***

- Municipal & Domestic Water Supply
- Recreation
- Wildlife and Estuarine Habitat



Runoff from yards, lawns, and gardens is a major contributor of pollution in our watersheds. Water released from residential properties to storm drains is NOT TREATED before it enters our local creeks and rivers, and the pacific ocean.

<https://www.sandiegocounty.gov/content/sdc/dsw/watersheds/watersheds.html>

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## We Can Reduce Pollutants Entering into our Watersheds!

### Watershed Protection Ordinance (WPO)

Section 67.807

“Residential  
discharges shall install  
and maintain best  
management  
practices and  
implement pollution  
prevention practices.”



[https://www.sandiegocounty.gov/content/dam/sdc/dpw/WATERSHED\\_PROTECTION\\_PROGRAM/watershedpdf/WPO.pdf](https://www.sandiegocounty.gov/content/dam/sdc/dpw/WATERSHED_PROTECTION_PROGRAM/watershedpdf/WPO.pdf)

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## The Benefits of Best Practices in Home Irrigation

- Avoid Pollution



<https://www.sandiegocounty.gov/dpw/watersheds/IrrigationRunoff.html>

- Money Saving

“A typical San Diego household pays about **\$80 a month** for water. The national average is less than \$40 a month, according to a recent survey by the American Water Works Association”  
[www.voiceofsandiego.org/topics/government/](http://www.voiceofsandiego.org/topics/government/)

- Water Conservation

[WaterSmartSD.org](http://WaterSmartSD.org)  
[Conservation Tips](#)  
[Incentives and Rebates](#)

- Plant Health

Improper watering is the #1 cause of poor plant health

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## Best Practices for Garden and Landscape Management

### Prevent Pesticides from Entering the Storm Drain!

- Apply pesticides when conditions are dry and there is little wind.
- Avoid applications to water bodies.
- Avoid applications according to the label.
- Apply pesticides according to the label.
- Use the least amount of product following the label instructions.
- Use Integrated Pest Management (IPM) techniques to control pests. IPM includes the use of beneficial insects, trapping and weeding.
- Store pesticides in labeled, closed containers in a manner that protects them from contact with stormwater.
- Clean up pesticide spills promptly and according to label or Safety Data Sheet (SDS) directions.

### Tips for preventing fertilizers from entering the storm drain.

- Apply fertilizer according to label's application rate and only as much as needed for the plant.
- Sweep up any spills.
- Spread fertilizer evenly over the ground so that it does not wash away and so that it can be readily taken up by plants.
- Use perimeter BMPs (straw wattles, silt fences, etc.) to contain fertilizer.
- Use mulch to reduce the need for fertilizer.

## Irrigation Systems Proper Use & Maintenance

### What Can You Do To Keep Our Waterways Clean?

- Adjust sprinklers so they don't spray onto streets and sidewalks.
- Repair leaking or broken sprinklers.
- Water in short cycles to allow water to absorb into the soil.
- Water in the early morning or late evening when it is cooler outside.
- Replace turf with drought-tolerant or native plants.

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## Irrigate Properly Goals



- Direct Water to Plants
  - Avoid watering hard surfaces
  - Don't allow irrigation water to run into yard drains
- Water When Needed
  - Determine soil moisture with moisture meters
  - Water when top 1-2 inches of soil is dry
- Maximum Plant Health
  - Maintain even soil moisture according to plant needs/season
  - Do not fluctuate between drying out and heavy watering
    - Runoff and erosion can occur more easily on dry soils

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## “Manual” System Maintenance Hoses, Nozzles & Hose-end Sprinklers

- Garden Hoses & Nozzles
  - Avoid leaks
  - Good seal/fit/pressure
- Hose-end Sprinklers
  - Avoid watering hard surfaces
  - Cover yard drains to avoid flow to storm drains
- Use a Hose-bib Timer – Correctly Connected
- Use hose-end “shut-off” if not using nozzle



All sample product pictures taken from homedepot.com

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## Automated Systems

- Maintain systems in good order
  - Perform periodic operation audit
- Understanding your controller
- Setting Controller Timing Appropriately
  - Water as needed using moisture sensors
  - Hose-bib timer with Drip Irrigation



[Understanding Your Irrigation Controller \(video courtesy of Helix Water District\)](#)

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## Controllers for Water Saving

- Avoid over-watering:
  - Weather sensors
  - Rain & Evapo-transpiration sensors
  - Leak Detection Faults
  - Bluetooth or Wireless
  - Use with smart phones!
- Set “days to water” each Program
- Set “time to run” each Zone (station)
  - Topography, Soil Type
    - Cycle & Soak (some controllers)
  - Soil Moisture
  - Plant Needs



Number of Stations 6-18  
Electric with backup battery



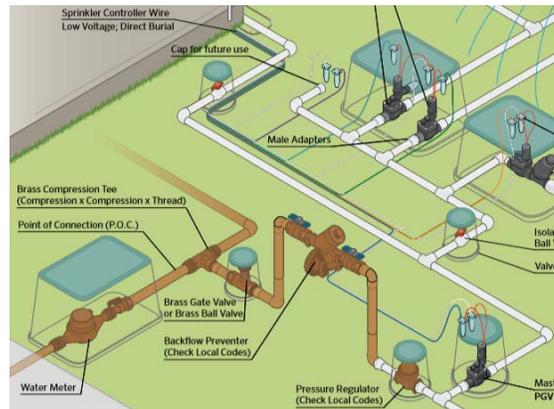
1, 2, 4, or 6 Zones  
Type: Battery Operated, Fixed

Pictured: Hunter Pro-C Residential Irrigation Sprinkler Controller + Wireless Rain Sensor; Hunter Node 100

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## Automated System How it Works

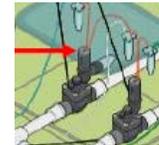
- Connected to water supply line between water meter and house – P.O.C.
  - Gate Valve
  - Backflow preventer – stand alone (elevated above supply line), or built into the valve = anti-siphon
  - Pressure Regulator
  - Water is held under pressure behind the sprinkler system valve or an MV (master valve)
  - 2<sup>nd</sup> in-line isolation valve or “shut-off”
  - PVC pipes connect from MV to lateral lines



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## Automated System How it Works



- Programmed Controller (Clock or Timer)
  - Solenoid on each valve is wired to a “zone” on the controller
  - Electrical signal received by solenoid “opens” the valve diaphragm, water flows
  - A similar concept works to operate hose-bib timers
- Pressure (psi) & Flow (GPM or GPH)
  - Pressure or Flow Rate required is determined by the sum of the flow rates of all outlets downstream of a particular valve
    - Number of sprinklers (or emitters in drip line) and distance of run
    - Slope will increase or decrease pressure required to run zones efficiently

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## Types of Automated Systems Pros & Cons

### Sprinkler Irrigation

- Broadcast Application of Water
  - Wind & Evaporation
  - More weed seed germination
- Pipes are buried (must dig trenches); Fewer Repairs
- Soil Compaction over time
  - Use Water Cycling
- Coverage
  - Better Reach & Uniformity
  - Non-uniform if not built properly & maintained
- Good for Leaching salts
- Good for “syringing” plants – pest control
- Bad in cool weather
  - Contributes to foliar & fruit diseases

### Drip Irrigation

- Direct Application of Water
  - Less impact from Wind & Evaporation
  - Fewer Weeds
- No Digging, Repairs more often?
- No Soil Compaction
- Coverage
  - Soil moisture consistency is important for lateral water movement through soil
- Not good on all soils - sand
- Can't “syringe” plants
- Best in cooler weather to avoid disease

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## Drip Irrigation Considerations

- Used in Non-Lawn Areas
- Water targeted at root zone
- Spigot, Valve, or Retro-fit to Sprinkler
- Output Design
  - Flow Rate = GPH (output per emitter; i.e.: .08, .09)
  - Number of plants and spacing
    - Emitter spacing (i.e.: 6”, 9”, 12”)
- Sufficient Pressure to Run Distance/Number of Emitters
  - Check “maximum recommended lateral length for emitter spacing”
  - Typical drip operating pressure range: 10 to 45 PSI
    - Usually requires Pressure Regulator at spigot or valve
- Repairs to damage from gardening tools, foot traffic, animals



<https://www.rainbird.com/homeowners/drip-irrigation-basics>

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# Drip System Options



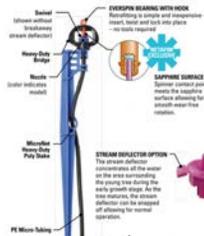
"punch-in" emitters



"in-line" emitters



Sprinkler Conversion



Micro-spray



Multi-port emitters

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# Drip System Parts & Tools



Tubing/Drip Tape

Punch & Cutter



Spigot Connection & Timers



Direct to Valve



Flush valve, connectors, check valves, clamps, etc.

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## Drip Installation Basics



Rain Bird low flow valve & pressure regulating filter

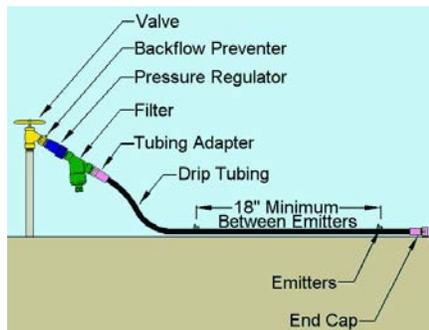
- Connect LFV (low flow valve) or Tubing to Water Source
  - Use filter and pressure regulator between valve and distribution tubing
  - Can install splitter (with shut offs) after pressure regulator for 2 lines
- Run Tubing
  - Within 3-5 ft. of plants to be watered if using punch-in emitters
  - Around/very near “drip-line” of root zone for each plant if using in-line emitters
- Install emitters
  - Flow rates vary (color coded or in-tube)
    - .5 gal – 2 gal per hour
  - Punch-in consists of emitter, ¼” tubing & stake



Rain Bird in-line shut-off

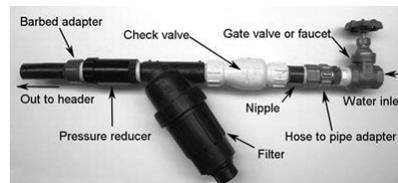
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## Typical drip system connection at hose-bib (spigot)



<https://www.greenmlife.in/drip-irrigation/>

A pressure regulator is more expensive than a pressure reducer, but the outlet pressure can be adjusted by turning a bolt on the regulator.



NMSU: Low-Pressure Drip Irrigation for Small Plots and Urban Landscapes

Always install components of the manifold with flow arrows (stamped on check valves, pressure reducers, filters, and other components) pointing downstream to match the direction of water flow.

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## Typical drip system connection to a valve

- Using a Battery Powered Controller

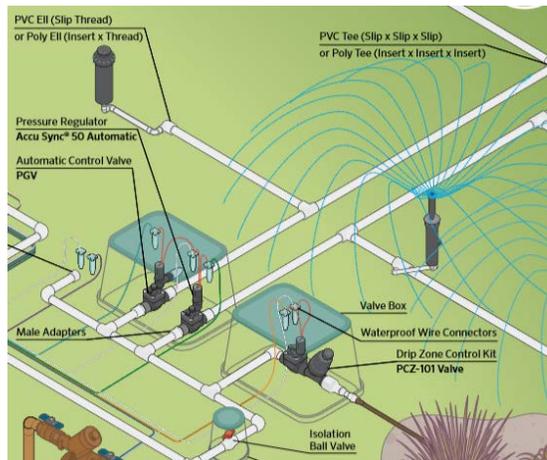
- These valves can be purchased with filter and pressure regulator included
- Solenoids used with battery powered controllers are typically DC Latching Solenoids



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## Automated Sprinkler Systems Parts

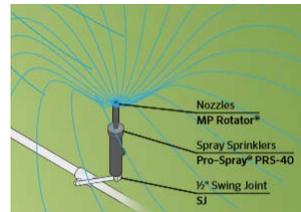
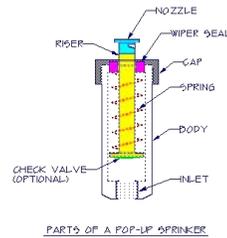
- PVC Pipe
  - Sizes 1", ¾", ½"
  - Pipe Schedule – Sched 40
    - Must use the same size and schedule when repairing a line
  - Isolation Ball-valve
- PVC Joints (thread/slip)
  - Elbows – used for turning 90° corner
  - T's – for adding lateral lines
- Swing Joints at Sprinklers – allow movement in sprinkler body; reduces breakage



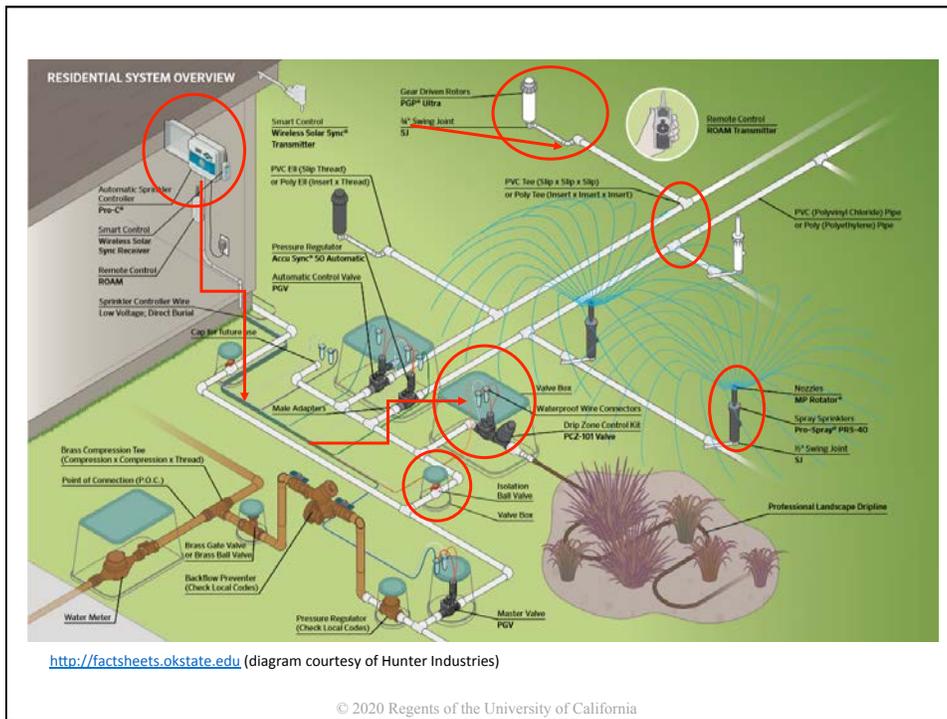
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# Automated Sprinkler Systems Parts

- Sprinkler Body
  - Pop-up or stationary mounted at the top of a “riser pipe” (gray for UV’s)
  - Check valves – inside body to keep water draining down to the lowest point from leaking out
- Nozzles
  - Removable from body
  - Many options
  - Types designed for specific use and area or adjustable for arc & radius; 360°, 180°, 90° angles



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## Resources - Design & Install, System Maintenance, Repair

[Residential System Design Guide](#) (Hunter Ind.)

[Landscape Irrigation Design Process – RainBird Services](#)

[How to Install an Irrigation System – YouTube](#) (K-Rain Irrigation Products)

[A Homeowner's Guide to a Water Smart Landscape](#) (San Diego County Water Authority)

[Classes \(bewaterwise.com\)](#)

[How to Take Care of Your Irrigation System | Toro Yard Care Blog](#)

[All About Sprinkler Systems | Rain Bird](#) (series of videos on all topics irrigation)

[Micro Irrigation \(drip\)](#) (Hunter Ind.)

[Drip Irrigation Basics | Rain Bird](#)

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## Irrigation Runoff is Prohibited

**From leaving your  
property and entering  
the storm drain.**

county of san diego irrigation runoff

**Let's All Do Our Part!**  
Most residents are concerned about keeping our waterways clean. In fact, surveys conducted across San Diego County show that **more than 50% of residents** believe that pollution of our beaches, lakes, and creeks directly affects them and their families.

**We're Here To Help.**  
The County of San Diego Watershed Protection Program supports residents in their efforts to prevent pollution by offering these important tips for **reducing water runoff** from yards, lawns, and gardens—a major contributor to pollution.

**Water that is released to the streets, gutters, and storm drains in San Diego County IS NOT TREATED** before it reaches our local creeks, rivers, and the ocean. All sources of pollution, including irrigation runoff, are prohibited from leaving your property and entering streets or storm drains. Only rainwater is allowed in the streets and storm drains.

**What Can You Do To Keep Our Waterways Clean?**

- Adjust sprinklers so they don't spray onto streets and sidewalks.
- Repair leaking or broken sprinklers.
- Water in short cycles to allow water to absorb into the soil.
- Water in the early morning or late evening when it is cooler outside.
- Replace turf with drought-tolerant or native plants.

**Thank you for doing your part to protect our waterways.**

**Call Us For More Information.**  
1-888-846-0800  
watersheds@sdcounty.ca.gov  
www.sandiegocounty.gov/dpw/watersheds.html

SD 104620 014

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# Auditing Sprinkler Systems "How To"

[Irrigation Audit Guidelines](#) (Irrigation Association)

- Specified Run Time:
  - Put out collection cans (same size and shape)
  - Heads & Nozzles operating correctly?
  - Nozzle output patterns correct?
    - Arc (90° – 360°) & Radius (distance)
    - Is there "head to head" coverage?
  - Pop-ups (sprinkler body) operating correctly?
  - Check valves in place and operational on slopes?



- Observations:
  - Is run-off occurring? Why?
  - Is sprinkler height appropriate for plant height?
- Audit should inform adjustments, maintenance, repairs

Test Area/Station					
Test Run Time		min			
Meiter Start			Meiter Stop		
			Wind		
			ft/mh		
			Pressure		
			Total		
					psi

\*\*Indicate north and ALL audit area and sprinkler dimensions  
 O = SPRINKLER – Record the location of each sprinkler and sprinkler spacing.  
 X = CATCH DEVICE – Record the location of each catch device and catch amount.

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# Adjustments – Avoid Runoff "How To"

- Run Time
- Number of Runs (cycle-soak)
- Sprinkler Body Height
  - Pop-ups
  - Risers
- Nozzle Operation
  - Clean and Replace
- Sprinkler Parts
  - Clean and Replace
- Plant Maintenance?



Pop-up/body  
Homedepot.com



Toro 12" pop-up sprinkler



1/2" PVC Risers; Schedule 80

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## Adjustments – Avoid Runoff

- Consider changing to more efficient nozzles



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## Adjustments – Avoid Runoff “How To”

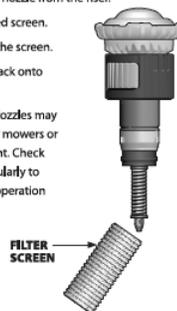
- Clean nozzle filters (ie: rotary nozzle)

### **Nozzle Maintenance**

Clean the filter screen if it becomes clogged. A build-up of debris causes degradation of performance.

1. Unscrew the rotary nozzle from the riser.
2. Remove the clogged screen.
3. Clean and replace the screen.
4. Screw the nozzle back onto the riser.

**!** **NOTE:** Rotary Nozzles may be damaged by mowers or other equipment. Check the nozzles regularly to ensure proper operation and for safety.



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## Rain Bird VAN: Variable Arc Nozzle

<https://www.youtube.com/watch?v=sL1JsluDxJo>



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## Adjusting a Hunter Rotor: Right Stop Adjustment

<https://www.youtube.com/watch?v=d4c0ljevYek>



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### Hunter MP Rotator Nozzle Adjustment

<https://www.youtube.com/watch?v=yWOzIEbbYJM>



### Rain Bird R-VAN Adjustable Rotary Nozzle

<https://www.youtube.com/watch?v=VtTg0LodNzQ>



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## Minor Leaks & Repairs “Tools and Materials”



- Tools
  - Round-point or Trenching Shovel and Trowel
  - Tarp or burlap for sod and soil from the hole
  - PVC Pipe Cutter
  - Rags
- Materials
  - PVC Primer & Glue
  - ½”, ¾”, 1” Pipe and Couplings
  - Flex-Joints
  - New sprinklers and/or parts (body, nozzle, filter)



<https://www.irrigationonline.com/irrigation-sprinkler-head-selection/>

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## Sprinkler on a Swing (Flex) Joint “Parts”



www.hunterindustries.com



- Allows easy adjustment of sprinklers to proper height and position; eliminates broken risers.
- Allows for placement of sprinkler at grade.
- Allows for replacement of sprinkler without digging all the way down to the pipe.
- Always turn the PVC T-joint in an upward facing position to allow for maximum movement of swing joint when replacement is necessary.

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## Using A Compression Coupling To Repair Broken PVC Pipe



Ewing Irrigation & Landscape Supply, Feb 25, 2014

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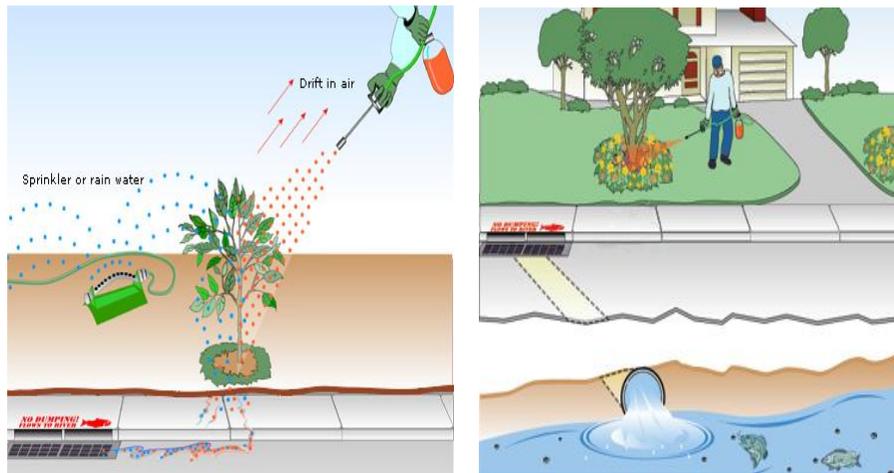
## Repair & Replace Broken Irrigation “TIPS”

- Dig to give yourself room to work
  - 6-8” diam. around a sprinkler body
  - 3”- 4” below area of pipe leak
  - A trowel is better than a shovel for this
- Clean off the parts to be fixed for good visual of the leak (break)
- Shut-off water at isolation ball-valve
  - Wait to shut-off water until you’ve determined where the leak is
  - DO NOT remove sprinkler body or cut pipe until water is off!
- Use pipe cutter to make clean cuts. Be careful not to allow debris/soil into cut ends of pipe.
- Do not put too much upward pressure on the buried sections of the pipe.
- Allow glue to dry before opening isolation valve and running a test to check the repair does not leak.
- Back-fill should be firm to avoid sinking later.



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**Water from our gardens and landscapes carries soil, sediment, fertilizers, pesticides and herbicides when it runs off of our property and flows in to the storm drain system. This runoff water remains untreated before flowing in to our watersheds.**



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## Prevent & Control Erosion

**Sandbags:** Temporarily create a barrier to keep eroded soil and water away from property and roads.

**Fiber Rolls (Straw Wattles):** Reduce how quickly water moves over an area and help trap sediment.

**Mulch:** Temporarily protect exposed soil from erosion by rain and wind.

**prevent & control erosion**

Erosion isn't always under your control, but it's easier to affect. Improvements after events like rain, sediment from eroded soils that enter storm drain systems can cause problems for our waterways by filling in streams and blocking wildlife that depends on them. And residents are concerned about keeping our waterways clean.

In fact, average residential areas in San Diego County show that more than 50% of residences believe that sediment on lawns, patios, and roads directly affects them and their families.

Whether that sediment is in the streets, gutters, and storm drains in San Diego County is NOT TREATED before it reaches our local creeks, rivers, and the ocean. All sources of pollution, including sediment from erosion, are prohibited from leaving your property and entering streams or ocean drains. Only sediment allowed in the streets and storm drains.

The County of San Diego Watershed Protection Program supports residents in their efforts to prevent pollution by offering these resources for preventing erosion in your home from erosion and providing treatment from entering the storm drain system.

**prevent**

The best way to keep sediment from clogging homes and clogging into storm drains is to prevent it from happening by using what we call Best Management Practices (BMPs). Certain areas of your home may be more prone to erosion than others. Use the Erosion Prevention Worksheet to help determine which areas to look out for and the ability to install to prevent erosion.

Slope	0-25%	25% (4:1) to 40%	40% (1:1) to 50%
Prevent Erosion	25%	33%	50%

**control**

The best idea plan about erosion has not. If you find yourself in a situation where erosion and flooding are possible or when you see the tips on the next page to temporarily prevent further damage and control erosion while the more permanent solutions, such as plantings, are being established.

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## It's The Water That Connects Us!

### What Can You Do To Keep Our Waterways Clean?

- Redirect sprinkler heads away from your yard drain.
- Use dry methods such as sweeping to clean your yard and patio.
- Hose down items such as patio furniture away from your yard drain.
- Temporarily cover your yard drain with a bowl or mat when watering.
- Water in short cycles to allow water to absorb into the soil.
- Avoid application of fertilizers and pesticides prior to rainfall.

- Yard drains are intended to carry storm water from your property to the storm drain. They are not meant to carry water from other sources, like irrigation runoff or wash water from your property.



<http://www.projectcleanwater.org>

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## Useful Phone Numbers:

- Unused Pesticide Disposal: 1-800-CLEANUP
- UC Master Gardener Hotline: (858) 822-6910
- UC Cooperative Extension: (858) 822-7711
- Agricultural Commissioners'  
Office: (858) 694-2739

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### **Resources for this presentation include:**

University of California, Agriculture and Natural Resources.

<http://ipm.ucanr.edu/>

<http://www.projectcleanwater.org>

[Watershed Protection Program \(sandiegocounty.gov\)](http://www.sandiegocounty.gov/watershed-protection-program)

[WaterSmartSD.org](http://www.watersmart.org)

<http://factsheets.okstate.edu>

<https://irrigation.org/> (Irrigation Association)

<https://rainbird.com/>

<https://www.youtube.com/> (for videos from various industry sources)

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*Thank you for joining us today!*

**A brief survey will be sent to you following this workshop. Your participation is appreciated!**



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## More 2020-2021 Zoom Workshops 10:00 a.m. – 11:30 a.m.



	2021
Feb. 6	<b>Beginning Gardening</b>
Feb. 20	<b>Salsa Gardening</b>
March 6	<b>Herb Gardens for Cooking</b>
April 3	<b>Irrigation - Managing Runoff</b>
April 24	<b>Salsa Gardening</b>
May 15	<b>Controlling Ants the Healthy Way</b>

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