



FFY2021 UCCE San Luis Obispo & Santa Barbara

SUCCESSES

- Evidence-based and standards-aligned K-6 nutrition and physical activity curricula reaching 3,288 youth.
- Supported healthy changes at 17 sites reaching 13,327 individuals.
- Reached 621,429 community members through indirect education and outreach during COVID-19 pandemic.



RESULTS

Youth

Engaged 19 youth in a virtual summer culinary camp focused on kitchen and food safety, nutrition, and meal planning. *"I am now more mindful of how safe I am while cooking and I now take more steps to ensure my food is safe."* - TLC participant

Families

"Our families enjoyed it and had fun. Cooking is community building. We appreciate the thoughtfulness of the foodbank and CalFresh". Liberty Principal

Teachers

"Using technological tools to engage students was awesome and definitely kept the students engaged." - Extender

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

The CalFresh Healthy Living, UCCE Program of San Luis Obispo and Santa Barbara (SLOSB) counties collaborates with school-based partners, volunteers, government agencies and non-profit organizations to provide comprehensive research-based nutrition and physical activity programming in low-income communities. Recognizing that nutrition and physical activity behaviors are dependent on access to resources, and regional and institutional policies, along with knowledge and skills, SLOSB works with partners to identify and address barriers to health and wellness. **The mission of SLOSB is to cultivate environments where local youth, families, and community members have access to research-based resources and knowledge in order to be the creators of a healthy, inspired, active, & connected Central Coast.**

Serving Individuals and Communities

- Training and supporting youth leaders in healthy eating and active living education and advocacy.
- Engaging parents and adults in nutrition and food resource management skills at food pantries, online, and at farmers markets.

Providing Education

- K-6th standards-aligned nutrition and physical activity curricula and online resources.
- Professional development in evidence-based and standards-aligned physical education and garden enhanced nutrition education curricula.

Helping to Make Organizational and Environmental Changes

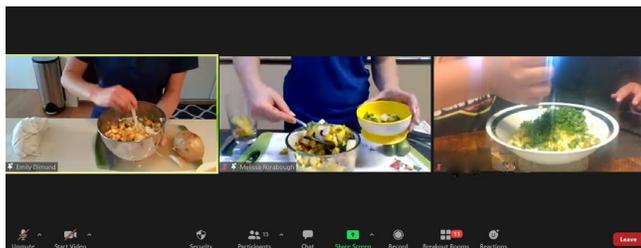
- Supported or implemented 51 policy, system or environmental changes at 16 sites to support healthy communities and schools.

Serving California Agriculture

- Promoted increased utilization of CalFresh and Market Match bringing additional customers to participating farmers markets.

Building Partnerships

- Partnered with 41 school, government programs, farmers, and non-profit organizations to support community health.



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