



## CalFresh Healthy Living, UC FFY 2019 Annual Report Santa Barbara & San Luis Obispo Counties

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### CalFresh Healthy Living, UC Program Overview

#### i. Key activities

- Supported comprehensive, school-based nutrition and physical activity education including: K-6 direct education, indirect and direct parent education, positive youth engagement, school garden support and technical assistance, and staff training.
- Supported youth engagement in 4-H Student Nutrition Advisory Council clubs to engage in leadership and teens as teachers activities around healthy eating and active living.
- Trained recreation staff, and high school students in CATCH Physical Activity lesson delivery to promote inclusive and fun moderate to vigorous physical activity in school and community settings, including summer food programs.
- Partnered with the SLO County Food System Coalition, CalFresh Alliance, HEAL-SLO and Master Food Preservers to promote and enhance farmers markets that accept EBT/CalFresh and Market Match.
- Enhanced school gardens and school garden capacity through: training a new cohort of UC Garden Nutrition Extenders, providing technical assistance to school and community garden stakeholders, and teaching garden enhanced nutrition education lessons.
- Partnered with Santa Maria Recreation and Parks and San Luis Obispo YMCA to provide summer culinary camps for adolescents in low-income communities.

#### ii. Major achievements/outcomes

- Supported 164 nutrition and physical activity education extenders in providing 4,242 hours of nutrition education services.

Direct education provided through UC staff, credentialed teachers, adult volunteers and youth volunteers remains a cornerstone of SLOSB programming. See further details below

- Documented statistically significant positive youth development outcomes with 59 4-H SNAC youth leaders. Developed model program that will be replicated in counties across California and the nation through CYFAR grant.

Now in the 4<sup>th</sup> year of implementation, 4-H SNAC continues to grow as SLOSB builds upon lessons learned related to structure, support and organization. During FFY19, SLOSB focused intensive efforts on creating more structure for youth to be able to lead their club meetings and make club decisions around healthy eating and active living efforts. The results of these efforts look promising. See further details below

- Saw an increase in new EBT/CalFresh customers and reimbursements at partnering farmers markets in San Luis Obispo county.

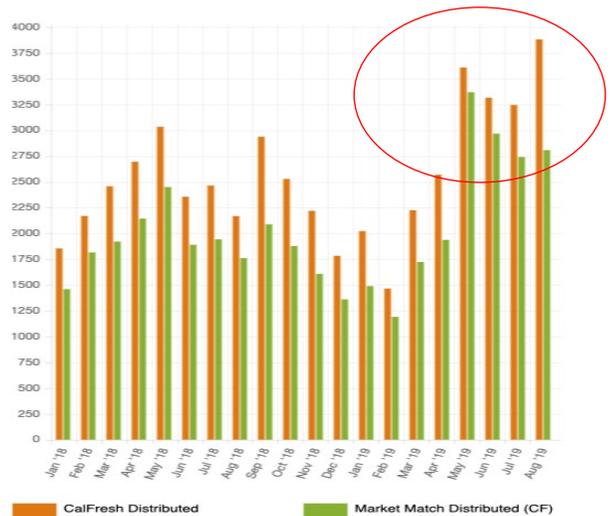
SLOSB chaired and provided staff support for the EBT at Farmers Markets working group of the San Luis Obispo County Food System Coalition. From January through August 2019, intensive collaborative efforts went into collecting data, planning, developing materials and promoting the EBT and Market Match programs across the county. Data collection included:

- Focus groups with Spanish speaking adults with EBT/CalFresh cards
- Meetings with Market Managers and Farmers Market boards
- Literature review on best practices

The next phase included incorporating information from farmers and potential Spanish speaking clients into materials development. In June, the work group received funding from the local Department of Social Services and Food Bank to purchase promotional materials including: enhanced market signage, bilingual flyers, bookmarks, shopping bags, and bus advertisements. In addition, staff worked on getting free radio ads, news [media](#) coverage, and distributing flyers to a database of 84 community agency partners. Efforts culminated during National Farmers Market week in August where staff developed materials for market managers and staffed a nutrition education booth.

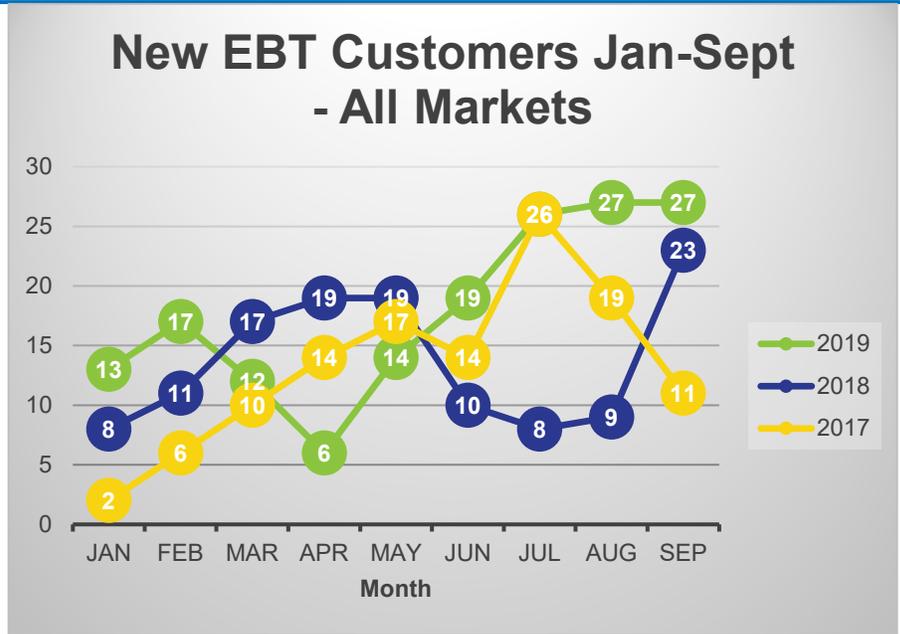
**Major achievements from these efforts include:**

- Increase in EBT and Market Match reimbursements
- Increase in new EBT customers to markets
- New data collected about customer experience at DSS and difficulties accessing CalFresh benefits that will inform work of the CalFresh Alliance which is dedicated to increasing participation in SLO County



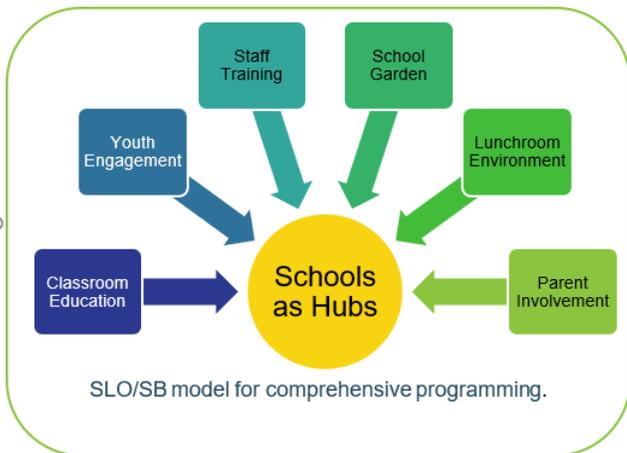
Graph & data courtesy of: Ecology Center

- Developed new partnerships with farmers, DSS and WIC program
- Developed a guide for Market Managers that includes information on food assistance programs
- Worked with Master Food Preserver program and the Food Bank to promote CalFresh and Market Match at local food bank distributions



iii. Describe how you are building comprehensive programming to achieve your program(s) SNAP-Ed goals e.g. layering of direct education, PSEs, indirect education and partnerships.

Partnering school sites receive comprehensive nutrition education services through:



- Evidence-based nutrition education and physical activity curriculum kits for enrolled extenders.
- UC staff-led food demonstrations to support curriculum objectives
- Peer-peer teaching from 4-H SNAC leaders through schoolwide healthy eating promotion and in-class food demonstrations
- School garden support and technical assistance

- Schoolwide lunchroom tastings and school meal promotion.
- Parent involvement through school wide family health events, and take home letters to promote family goal setting.

During FFY19 SLOSB continued to implement the “Schools as Hubs of Health” model of comprehensive nutrition education program delivery with a focus on improving the 4-H SNAC youth engagement program. SLOSB implemented comprehensive nutrition education and obesity prevention services at four large school sites in Santa Barbara County and one school site in San Luis Obispo County. The components of the

“schools as hubs” comprehensive model include direct education (DE) indirect education (IE) and support for Policy, Systems and Environmental changes (PSE).

The **classroom education** (DE) component of the “schools as hub” model includes K-6<sup>th</sup> nutrition and physical activity No-Prep curriculum kits provided to enrolled Extenders along with curriculum support and in-class lessons and food demonstrations provided by UC Educators. In FFY19, SLOSB partnered with 164 classrooms, reaching over 4000 youth. Adult extenders and youth volunteers provided over 5900 hours of nutrition education delivery.

The **youth engagement** component (DE, IE, PSE) included a focus on developing youth leaders through five afterschool 4-H Student Nutrition Advisory Council (SNAC) clubs. As a result of the collaborative programming, 200 youth (105 in AY1819, 95 in AY1920) in 5<sup>th</sup> and 6<sup>th</sup> grades participated in ongoing, in-depth youth engagement training and youth led projects that prepared them to provide direct peer-to-peer programming. SLOSB provided over 120 hours of youth engagement programming with 4-H SNAC students. Training included leadership and decision-making skills, presentation skills, MyPlate food groups, food safety, and physical activity utilizing the CATCH curriculum. SNAC trainings and engagement meetings occurred weekly after school throughout the project period, and through two special events: a 6-hour Saturday leadership training in November 2018 and a 5-hour Spring break culinary academy hosted in collaboration with 4-H and the Santa Maria-Bonita School District.

A large portion of SLOSB resources have focused on developing 4-H SNAC over the last few years. The goals of 4-H SNAC are to:

- Develop youth leaders in nutrition and physical activity in order to create healthy schools and communities
- Establish positive youth-adult partnerships in order to improve youth outcomes related to health and academics
- Increase access to 4-H among underserved Latino communities

4-H SNAC outcomes were assessed using the Youth Leader Retrospective (n=59) at the end of AY1819, and program evaluations following the Leadership (n=21) and Culinary Academies (n=32). Youth reported outcomes for FFY19 are overwhelmingly positive. Some highlights from the data include:

**Youth Leader Retrospective Results** (percentages indicate how many youth agreed or strongly agreed with the statement)

#### **Nutrition outcomes**

*As a result of participation in 4-H SNAC, I now:*

- *think about what foods my body needs during the day (87%)*
- *make healthy food choices whenever I can (88%)*
- *eat more fruits and vegetables (74%)*
- *eat less junk food (58%)*
- *drink less soda (68%)*
- *drink more water (90%)*

#### **Family nutrition outcomes**

*Because of this program:*

- *My family has purchased healthier foods (80%)*
- *My family has prepared healthier foods (78%)*
- *I use cooking skills to prepare food at home (75%)*

#### **Positive youth development outcomes:**

*Because of 4-H SNAC:*

- *I can make a difference in my community (86%)*
- *I acted as a mentor to others (73%)*
- *I am more confident in helping others (90%)*
- *I am more confident in myself overall (77%)*
- *I taught others (77%)*

In addition, we observed statistically significant increases in youth reported leadership skills (see table below)

<b>Leadership Skills - Youth rated themselves retrospectively before and after (n=57, *n=56)</b>			
	<b>Before – Mean</b> Excellent ability=3 and No ability=0	<b>After – Mean</b> Excellent ability=3 and No ability=0	<b>p-value</b>
I can lead group discussions.	1.07	1.91	.000
I can work as a team member.	1.6	2.39	.000
I can speak before a group. *	1.09	1.75	.000
I can plan programs.	.95	1.61	.000
I can teach <u>others</u> .*	1.43	2.18	.000

**Outcomes from the Leadership and Culinary Academies (as reported in UC Delivers):**

A total of 32 youth attended at least one of the 6-hour academies. Of the 4-H SNAC members that participated in the Leadership Academy, almost all agreed that due to their participation they learned how to be a better leader (95%) and improved their presentation skills (95%). Qualitative data collected from the Leadership Academy show themes of improved recognition of career pathways, enhanced confidence and presentation skills, and increased confidence in being a leader. Of the 4-H SNAC members that participated in the Culinary Academy, a majority reported that they learned new culinary skills including how to chop vegetables with a knife (97%), how to prepare a healthy snack (97%), how to measure wet and dry ingredients (88%), and how to follow a recipe (91%) because of participating in the culinary academy. In addition, 79% agreed that they could teach others about cooking, and 84% considered themselves a good cook after the academy.

The **staff training** component (DE, PSE) included trainings for classroom educators, cafeteria staff, Parks & Recreation staff and high school students that deliver P.E. lessons to younger students. The trainings included 1) modelling curriculum delivery and food safety for classroom educators, 2) providing CATCH P.E. training to youth and adult extenders, 3) modelling garden enhanced nutrition education lesson and curriculum delivery and 4) providing Smarter Lunchroom Movement training and technical assistance for cafeteria staff as needed.

The **school garden** component (DE, PSE) included 1) enlarging or enhancing existing school gardens, 2) delivering nutrition education from the garden, 3) providing curriculum kits for teachers to use in the garden and 4) supporting farm to fork connections between the garden and the cafeteria. In FFY19, wet weather posed a barrier to conducting lessons in the outdoor classroom. However, it proved to be a good year for planning with garden stakeholders to expand upon and improve existing school gardens. SLOSB supported the building, reinvigoration, and/or maintenance of 11 school or community gardens and partnered with a community based organization One Cool Earth to train local teachers and volunteers about garden enhanced nutrition education.

• **Summary FFY2019 Program Activities from PEARS**

County specific summaries will be provided by the State Office based on data entered by county/cluster program into PEARS summarizing the following.

Snippets of your PEARS Summary Data (see samples below) can be pasted directly into your report or provided as an attachment to your report. Please include the summary information for items **i. – iv.**

**i. FFY 2019 Direct Education Participants Reached by Age Group and Setting – to be provided by the State Office based on PEARS data entered by county/cluster program**

Almost all Direct Education participants reached by SLO/SB were youth (4407). Our adult education program reaches a smaller number of participants (58) with Direct Education and focuses on education at the Healthy School Pantry (12 per year), class series at partnering school sites and partnering community sites.

Direct Education Participants	San Luis Obispo	Santa Barbara	SLO/SB
<b>DEMOGRAPHICS</b>	449	4,016	4,465
FEMALE	209	1,949	2,158
MALE	240	2,067	2,307
UNKNOWN	-	-	-
Hispanic / Latino	309	3,037	3,346
Not Hispanic / Latino	85	779	864
American Indian or Alaskan Native	2	44	46
Asian	4	50	54
Black or African American	1	116	117
Native Hawaiian or Other Pacific Islander	-	180	180
White	80	292	372
<b>YOUTH</b>	434	3,973	4,407
0-4	-	-	-
5-17	434	3,973	4,407
<b>ADULT</b>	15	43	58
18-59	13	43	56
60+	2	-	2

Almost all DE provided by SLOSB is part of an evidence-based series curricula. The table on the right shows a high number of single sessions, however, in reviewing raw PEARS data, of the 59 single sessions reported, 51 are from extenders newly enrolled during the 2019/20 school year. All 51 of these classrooms will receive multiple sessions in a series throughout the school year. The single sessions recorded in PEARS for FFY19 is the Introductory lesson delivered by UC staff when the extender receives their curriculum kits. Due to the tight turnaround at the end of the fiscal year, staff were unable to collect Program Activity Reporting from extenders which would have added to the number of DE sessions for a good number of these classrooms.

In total, SLOSB provided 1,663 hours of direct education during FFY19 through a combination of volunteers (youth and adult extenders) and UC staff delivered lessons. SLOSB strived to provide opportunities for 4-H SNAC to lead nutrition activities wherever possible. As a result, of the 167 program activities, 56 included youth volunteers during at least one of the sessions. In total, 329<sup>1</sup> volunteers (youth and adult) provided 1986 hours of their time to nutrition and physical activity programming.

Sessions (type of delivery)	San Luis Obispo	Santa Barbara	SLO/SB
<b>Delivery Type (SESSIONS)</b>			
<b>SINGLE SESSIONS</b>	<b>8</b>	<b>51</b>	<b>59</b>
0-30	-	-	-
31-60	6	49	55
61-90	2	-	2
91-120	-	-	-
Over 120	-	2	2
<b>2-4 SESSIONS</b>	<b>5</b>	<b>22</b>	<b>27</b>
0-30	-	-	-
31-60	9	62	71
61-90	4	7	11
91-120	4	-	4
Over 120	-	-	-
<b>5-9 SESSIONS</b>	<b>6</b>	<b>14</b>	<b>20</b>
0-30	-	11	11
31-60	34	76	110
61-90	-	4	4
91-120	-	14	14
Over 120	-	-	-
<b>10+ SESSIONS</b>	<b>5</b>	<b>56</b>	<b>61</b>
0-30	22	475	497
31-60	44	507	551
61-90	14	28	42
91-120	-	259	259
Over 120	-	11	11
Total Volunteers (Extenders)	24	140	584
Total In-Kind Hours	157	1,829	5,927
Direct Education Delivery Hrs.	135	1,529	5,554
Total # of Program Activities	24	143	543

ii. Indirect Education channels and reach (total and new)

SLOSB provided Indirect Education (IE) through 40 different channels or efforts, including: hard copy materials sent home with students to reinforce classroom lessons and recipes, tabling and hosting taste testing at community events, providing nutrition education reinforcement items for participants, and mass media. A majority of IE was provided as a compliment to DE or PSE. One effort that was new this year included partnering with the SLO Food Bank and Master Food Preservers to provide nutrition education, food resource management, and information about Farmers Markets that accept CalFresh/EBT during the summer. This IE complimented PSE promotion efforts and does not stand out clearly in the data.

IE efforts reached 108,969<sup>2</sup> total community members and 20,697 new community members.

<sup>1</sup> This is different from the chart to the right. This number comes from PEARS data downloaded on 11.19.19

<sup>2</sup> This is different from the table provided by the state office. Numbers were pulled directly from a PEARS IE download.

Indirect Education	San Luis Obispo	Santa Barbara	SLO/SB
<b>New Reach by Indirect Channel</b>			
Billboards, bus/van wraps, or other signage	666	-	666
Community events / fairs - in which participated	293	3,095	3,388
Hard copy materials	3,753	7,911	11,664
Social media (e.g. Facebook, Twitter, and Pinterest)	1,222	1,275	2,497
Television interview	666	1,816	2,482
<b>Total Reach and New Reach</b>			
<b>TOTAL REACH</b>	<b>45,312</b>	<b>27,338</b>	<b>680,154</b>
<b>* Total NEW REACH</b>	<b>6,600</b>	<b>25,510</b>	<b>46,207</b>

\* *New Reach* is the estimated number of individuals not reached by DE or PSE.

iii. PSE sites, stages, settings, packages, changes, reach multi-component strategies, sustainability

During FFY19, SLO/SB supported PSE changes at 11 school sites, 1 preschool site, 1 farmers market, 2 public housing sites and 4 summer food sites reaching a total of 3,854 low-income community members. A majority of PSE efforts focus on establishing, improving or expanding edible gardens; promoting acceptance of SNAP/EBT at farmers markets; CATCH training and physical activity promotion; and school wellness policy promotion and monitoring.

Community engagement is key to the success of PSE efforts. Partners continue to be interested in CATCH physical activity training, garden technical assistance and support, and school wellness policy implementation.

This reach number entered in PEARS is underreported due to the inability to calculate reach for many of the efforts and initiatives that SLO/SB supported. For example, while SLO/SB supported an increase in CalFresh participation at farmers markets, we were unable to calculate a number for participants that saw our signage. In addition, on a district level, SLO/SB provides training and technical assistance to school wellness committees on starting site level health councils, promoting healthy school fundraisers, and holding healthy school celebrations. However, we are not able to accurately estimate the number reached. Lastly, many of our UC Garden Nutrition Extenders who have received 30-hours of nutrition education training do not completely account for their hours or the reach of their gardens. One of our volunteers who receives continuous support from our program, supports pre-K gardens across 5 counties and we have not been able to accurately count the reach of that work thus far.

iv. Partners (by Type) and Coalitions (by Sectors of Influence)

Partnerships and Coalitions	San Luis Obispo	Santa Barbara	SLO/SB
<b>PARTNERSHIPS BY TYPE</b>	16	14	30
Agricultural organizations (includes farmers markets)	1	-	1
Early care and education facilities	1	-	1
Food banks/food pantries	1	2	3
Foundations/philanthropy organizations/nonprofits	1	-	1
Government program/agency	4	3	7
Parks and recreation centers	-	1	1
Schools (colleges and universities)	1	-	1
Schools (K-12)	7	8	15
<b>COALITIONS</b>			
<b>San Luis Obispo</b>	3	1	7
CalFresh Alliance			
Food Systems Coalition - EBT @ Farmer's Market			
SLO County School Wellness Collaborative - HEAL-SLO			
<b>Santa Barbara</b>			
Santa Maria Open Streets			

SLOSB continues to grow and build on its strategic partnerships. Internally, SLOSB collaborated intensively with the 4-H Youth Development Program, the Master Food Preserver Program and the Master Gardener Program in order to bring the resources of the university to underserved clientele and maximize our impact.

Externally, SLOSB partners with schools (15), and school districts on school wellness strategies. During FFY19 SLOSB initiated a new partnership that will form the basis of a countywide School Wellness Committee in San Luis Obispo. Planning is underway to enhance school wellness as a priority locally and this effort is being led by District staff. In addition, SLOSB partners with other government agencies including the local health department and Department of Social Services. The goal of these partnerships is to increase food security, CalFresh utilization and promotion of Market Match at Farmers Markets.

• Success Stories, Challenges and Planned Improvements for FFY 2019

i. Success – See PEARS Success Story entry

See PEARS Success Stories:

3481 - CalFresh Healthy Living, UC programming increases student leadership for healthy outcomes

12690 – Teens Love Cooking.. to promote a healthier generation

13322 - CalFresh Healthy Living works to bring more low-income clients to farmers markets

13305 - Building community capacity for garden enhanced nutrition education

12692 – Taste testing in a safe environment makes students more likely to try a variety of foods

12691 – Comprehensive approach to nutrition education services create sustainable changes as schools

12651 – Teacher makes lifestyle changes to model MyPlate for her students

12650 - Building health and nutrition skills, one class discussion at a time

12649 - UC supports comprehensive, student-led efforts in nutrition, garden and physical activity at partner sites

## ii. Major Setbacks and/or Challenges

Describe barriers or difficulties in implementation of your program. **Suggested maximum length: 250 words**

The primary challenges and setbacks during FFY19 include the distance between the UCCE office and a majority of SLOSB programming, uncertainty surrounding SLOSB staffing and program expansion, lack of adequate support to accurately calculate, enter and report reach numbers. During FFY19, we continued to seek office space in Santa Maria. This was put into jeopardy, however, when our FFY20 budget was reduced by 10%. With that reduction, office space and a part-time vacant staff position was removed from our budget. In addition, staff noted that a major difficulty was not having enough cars to meet the needs of staff to travel to work sites. In the summer, we were able to lease another vehicle which has greatly relieved stress.

Another barrier or difficulty in implementing comprehensive nutrition education services continues to be the discrepancy between actual skills needed to perform the work and the job description, requirements and pay scales. Though staff compensation has improved, there is still a long way to go. Having a tiered compensation where staff that have more experience can move up the career ladder and pay scale would help with job satisfaction and employee retention. The impact of staff turnover on SLOSB programming results in lower quality programming. CES 2s do not see their position as a career path and have told their supervisor that they love their job and would stay forever if it paid a livable wage or if their job was embedded in a career ladder. Looking to the future, SLOSB will have difficulty maintaining high-quality programming while losing experienced CES 2s.

Additional difficulties include quantifying and accurately reporting all of our efforts and evaluation data. Staff turnover, changes in programming and curricula, lack of clarity on how to calculate reach (specifically around EBT at Farmers Markets and School Wellness initiatives) and changes in evaluation tools and procedures make it difficult to keep up with the staff training needs and the time it takes to integrate changes into reporting systems and procedures and data entry portals. During FFY19, staff forgot to input evaluation data into data entry portals, staff went on unexpected leave and were not able to collect end of year data, and new staff were not adequately trained in some of the data collection tools. In addition, this year the PEARS data entry deadline made it impossible to collect Program Activity Reporting from extenders. All of this results in underreporting of our efforts.

Other challenges this year included a switch to 4-H SNAC staffing. In the past, 4-H staff had co-led our afterschool 4-H SNAC meetings. During FFY19, SLOSB staff split funding so that 4-H paid for a small portion of their time and took over full responsibility for the 4-H SNAC programs. This created challenges to scheduling and maintaining work-life balance. There are additional difficulties related to reporting SNAP-Ed time when staff are not 100% SNAP-Ed funded. All of this adds to additional workload and complication.

## iii. Planned Improvements

Describe any modifications you plan to make in the next fiscal year to improve the effectiveness of your program based on program findings and feedback and/or to address problems experienced during the past year. **Suggested maximum length: 250 words**

During FFY20 SLOSB plans to make the following improvements:

- Streamline curriculum kits to simplify, increase fidelity, and reduce staff and extender time
- Work with staff to create focused and detailed plans and visioning around 3-year Integrated Work Plan goals, including how to report and record efforts
- Continue to provide professional development opportunities and training to staff around: cultural competence, equity, stress management, work-life balance, trauma-informed nutrition education, etc.
- Enhance communication with school partners around school wellness, 4-H SNAC, and overall school wellness initiatives
- Streamline reporting and evaluation collection procedures to enhance accurate reporting and reduce data collection burden

## Presentations, Publications and Awards

### i. Conference Presentations and Posters, Publications

Please list publications in the following sub-categories with links.

APA format is preferred for publications. Example: Last name, First name. (Year). Title. Publication. DOI or website link.

- Conference Presentations:

Klisch, S., Soule, K.E. July 2019. *EBT/CalFresh use at Farmers' Markets: How do we increase access and utilization?* Roundtable presentation at the 2019 Childhood Obesity Conference

- Posters:

McMurdo, T., Nicoli, A., Thao, B., Klisch, S., Lewis, A., Johnson, C., Soule, K.E. (2019). *Fostering partnerships to prevent childhood obesity in school-based programs*. Poster presented at the 2019 Childhood Obesity Conference.

Klisch, S., Soule, K.E. (December 2018). 4-H SNAC Engaging Youth Leaders. Poster presented at the January 2019 SNAP-Ed Local Implementing Agency forum.

- UC Delivers Blogs:

Klisch, S., Soule, K.E., *UCCE programming increases student leadership to support healthy outcomes*. UC Delivers (July 5, 2019)

<https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=30623>

- UC ANR Blogs (Food Blogs, Communities, etc):

Klisch, S., Soule, K.E. *Support for farmers markets is growing, but barriers to equitable access remain*. UC ANR Knowledge Stream. July 2019

[https://ucanr.edu/News/Trending/Knowledge\\_Stream\\_Blog/?blogpost=30792&blogasset=109650](https://ucanr.edu/News/Trending/Knowledge_Stream_Blog/?blogpost=30792&blogasset=109650)

Klisch, S., Ravalin, D., Soule, K.E. *How to support breastfeeding employees when they are out in the field*. UC ANR Food Blog. February 4, 2019

<https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=29307>.

Reynolds, T., Klisch, S., Ravalin, D., Soule, K.E. *It's Electric?! Breaking down electric pressure cookers*. UCANR Food Blog. October 17, 2018

<https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=28441>

- News coverage – Print and Electronic Media:

*Culinary Academy Students Sharpen Cooking Skills (April 24, 2019).*

[https://santamariatimes.com/news/local/photos-culinary-academy-students-sharpen-cooking-skills/collection\\_61dc106d-5b58-5283-8629-8ee3ac3ffa3d.html#11](https://santamariatimes.com/news/local/photos-culinary-academy-students-sharpen-cooking-skills/collection_61dc106d-5b58-5283-8629-8ee3ac3ffa3d.html#11)

Young chefs: local students prepare and taste international meals (April 24, 2019)

[https://lompocrecord.com/news/local/education/young-chefs-local-students-prepare-and-taste-international-meals-at/article\\_7cefdc31-cf75-5a0e-92f0-74d37d6cec8b.html#2](https://lompocrecord.com/news/local/education/young-chefs-local-students-prepare-and-taste-international-meals-at/article_7cefdc31-cf75-5a0e-92f0-74d37d6cec8b.html#2)

- News coverage - Broadcast Media:

*Santa Maria Students Learn New Skills and the Spring Break Culinary Academy (April 24, 2019).*

KSBY <https://ksby.com/news/2019/04/24/santa-maria-students-learn-new-skills-at-spring-break-culinary-academy>

*Santa Maria-Bonita School Districts teams up with 4-H for kids career day (Nov. 18, 2019).* KEYT

<https://www.keyt.com/news/santa-maria-bonita-school-districts-teams-up-with-4h-for-kids-career-day/872891650>

Radio interview with Shannon Klisch about community education programming in SLO and SB Counties through UCCE KVEC <http://www.920kvec.com/show/dave-congalton-hometown-radio/>

## ii. Awards Received

Please list any external awards received. Do not include UCD or UC ANR internal staff awards. If none, note "N/A". Ex: "Award Name" - Presented to Persona Fake - 2/2019

"Community Award" – Presented to Miguel Diaz and Abbi Marrs 3/2019 by Liberty Elementary School

Nominees "Santa Barbara County Youth Impact Award" – 4-H Student Nutrition Advisors from Bruce, Liberty and Adam Elementary schools 5/2019