## Chicken

**Procedure:** Dressed chicken should be chilled for 6 to 12 hours before canning.

- Remove excess fat. Cut the chicken into suitable sizes for canning.
- Can with or without bones.
- The hot pack is preferred for best liquid cover and quality during storage. Natural poultry fat and juices are usually not enough to cover the meat in raw packs.

**Hot pack:** Boil, steam or bake meat until about two-thirds done. Add 1 teaspoon salt per quart to the jar, if desired. Fill jars with pieces and hot broth, leaving 1-1/4 inch headspace.

**Raw pack:** Add 1 teaspoon salt per quart, if desired. Fill jars loosely with raw meat pieces, leaving 1-1/4 inch headspace. Do not add liquid.

Adjust lids and process following the recommendations in  $\underline{\text{Table 1}}$  or  $\underline{\text{Table 2}}$ .

Table 1. Recommended process time for Chicken in a dial-gauge pressure canner.								
			Canner Pressure (PSI) at Altitudes of					
Style of Pack	Jar Size	<b>Process Time</b>	0- 2,000 ft	2,001 - 4,000 ft	4,001 - 6,000 ft	6,001 - 8,000 ft		
Without Bones:								
Hot and Raw	Pints	75 min	11 lb	12 lb	13 lb	14 lb		
	Quarts	90	11	12	13	14		
With Bones:								
Hot and Raw	Pints	65 min	11 lb	12 lb	13 lb	14 lb		
	Quarts	75	11	12	13	14		

Table 2. Recommended process time for Chicken in a weighted-gauge pressure canner.								
			Canner Pressure (PSI) at Altitudes of					
Style of Pack	Jar Size	Process Time	0 - 1,000 ft	Above 1,000 ft				
Without Bones:								
Hot and Raw	Pints	75 min	10 lb	15 lb				
	Quarts	90	10	15				
With Bones:								
Hot and Raw	Pints	65 min	10 lb	15 lb				
	Quarts	75	10	15				