

## 7 Can Soup

Mg Newsletter, Julie Hyske

### Ingredients

1 can chili with no beans  
1 can (15-oz) kidney beans  
1 can (15-oz) pinto beans  
1 can (15-oz) black beans  
1 can (15-oz) diced tomatoes 1 can (15-oz) corn  
1 can (10-oz) Ro\*tel tomatoes  
salt and pepper, to taste



8 oz Velveeta, cubed or Monterey Jack Cheese

In a large pot, add chili, kidney beans, pinto beans, black beans, diced tomatoes, corn and Ro\*tel (don't drain any of the cans). Bring to a boil, reduce the heat and simmer for 10 to 15 minutes to bring all the flavors together. Add salt and pepper as needed. Cut the cheese into cubes and stir it into the soup until melted. Serve immediately.