

Make Your Own Spice Blend

Italian Seasoning Blend

2 T (tablespoons) dried basil
1 T (tablespoons) dried oregano
1 T (tablespoon) dried rosemary
2 T (tablespoons) dried parsley
1 T (tablespoon) dried thyme
1 tsp (teaspoon) dried garlic

All Purpose Seasoning Blend

2 T (tablespoons) dried orgegano
1 T (tablespoon) dried rosemary
1 T (tablespoon) dried fennel
1 T (tablespoon) dried thyme
½ T (tablespoon) dried garlic

Mediterranean Seasoning Blend

2 T (tablespoons) dried basil
2 T (tablespoons) dried parsley
1 T (tablespoons) dried oregano
1 T (tablespoon) dried, minced onion
Add sea salt and black pepper to taste

Spicy Herb Blend

2 T (tablespoons) dried basil
1 T (tablespoon) dried marjoram
2 T (tablespoons) dried parsley
1 T (tablespoon) dried thyme
1 T (tablespoon) dried rosemary
1 T (tablespoon) dried, minced onion
1 tsp (teaspoon) ground paprika

Make Your Own Soup Mix in a Jar

To make the Soup Mix:

1. Layer all ingredients in a clean glass jar (pint size or larger) in the order listed.
2. Close the lid, add a tag and gift.

Chicken Noodle Soup in a Jar

1 T (tablespoon) dried chopped onions
1 T (tablespoon) dried minced garlic
1 bay leaf
½ tsp (teaspoon) dried rosemary
½ tsp (teaspoon) dried sage
½ tsp (teaspoon) dried thyme
½ tsp (teaspoon) celery seed
1 chicken bouillon cube
2 c wide egg noodles

Spicy Black Bean Soup

1 ½ cup black beans
1 T (tablespoon) dried chopped onions
1 T (tablespoon) dried garlic
2 T (tablespoons) cumin
1 tsp (teaspoon) cumin
1 tsp (teaspoon) celery seed
2 bay leaves
1 tsp (teaspoon) chili powder
1 vegetable bouillon cube
1 small, dried chili pepper