

Local Health Department CalFresh Healthy Living FFY 2022 Introduction to PEARS Data Briefs

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Background and Overview

CalFresh Healthy Living (CFHL) promotes healthy lifestyles through nutrition and physical activity interventions delivered in low-income communities across California. This set of brief reports provides (1) an overview of program data reported by CDPH-funded local health departments during Federal Fiscal Year (FFY) 2022 and (2) trends in program data from FFYs 2019 to 2022. The briefs are intended to inform decision-making, program development, and future initiatives to support the health and well-being of communities across the state. The topics addressed include: educational activities (direct and indirect), policy, systems, and environmental change interventions, partnerships and coalitions, and a multi-year review comparing data from FFYs 2019 to 2022.

The Ongoing Impact of COVID-19

Examining data from multiple years, the *Multi-Year PEARS Data Review* offers insight into the impact of the COVID-19 pandemic on CFHL programs by comparing program data before (FFY 2019) and during (FFYs 2020-2022). The findings demonstrate how local health departments adapted their interventions and delivery methods to address unique challenges experienced by community members during the COVID-19 pandemic.

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