## Preserve Today, Relish Tomorrow



## **UCCE Master Food Preservers of El Dorado County**

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## Tomato and Apple Chutney

This is a great product for end-of-season produce. Serve it on a cheese board or on a baked round of Brie as an appetizer. Like all chutneys, it is a good condiment for meats and poultry, on a rice dish, or on a sandwich.

Yield: About 6 pint jars

- 3 cups white vinegar
- 4 cups chopped, cored, and peeled apples (see tip below)
- 10 cups chopped, peeled tomatoes
- 3 cups lightly packed brown sugar
- 2 cups peeled and chopped cucumbers (see tip below)
- 1 ½ cups chopped onions

- 1 ½ cups chopped and seeded red bell peppers
- 1 cup raisins
- 1 red chili pepper such as serrano or small jalapeno
- 1 Tbsp ground ginger
- 1 tsp salt
- 1 tsp ground cinnamon

In a large stainless-steel saucepan, combine vinegar and apples. Add all other ingredients. Bring to a boil over medium heat, stirring frequently. Reduce heat and boil gently, stirring frequently, until thick enough to mound on a spoon, about 30 minutes.

Fill hot jars, leaving ½" headspace. Remove air bubbles. Adjust headspace as needed. Wipe the rims clean. Place lids and rings on jars, tightening rings finger-tip tight.

Process half-pint jars in a boiling water bath or atmospheric steam canner for: 0-1000ft. = 10 minutes, 1001-6000 ft. = 15 minutes, above 6000 ft. = 20 minutes.

Before removing canner lid, wait 5 minutes for both boiling water and steam canner, then remove jars, cool, and store. Cool jars for 12-24 hours, wash, label, and store in a cool dark.

Source: Ball Complete Book of Home Preserving

## Tips:

To prevent the apples from browning, measure the vinegar into the sauce pan and drop the apples in as you peel and chop them.

If using cucumbers that have been waxed, peel them before using.

For a milder chutney, omit the chile pepper.

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Updated 9/18/2023