

Resources and References for November 2023 Favorite Food Plants of Napa County Master Gardeners

Links to various vegetable resources

Beans, UC Davis Vegetable Research and Information Center:

<https://vric.ucdavis.edu/pdf/beans.pdf>

Peppers, UC Davis Vegetable Research and Information Center:

<https://vric.ucdavis.edu/pdf/pepper.pdf>

Growing Salad Greens, Sonoma Master Gardeners:

https://sonomamg.ucanr.edu/Food_Gardening/Additional_KG_Articles/Growing_Salad_Greens/

Winter Squash, Sonoma Master Gardeners:

https://sonomamg.ucanr.edu/Food_Gardening/Feature_Vegetables/WinterSquash/

Month by month vegetable Planting Calendar:

<https://ucanr.edu/sites/ucmgnapa/files/218030.pdf>

All about Growing Tomatoes: <https://www.youtube.com/watch?v=udtMGJ8SvMo>

Garlic, Onions and other Alliums:

<https://www.youtube.com/watch?v=OR3wDz5mGkQ>

Citrus Links

Citrus diseases and disorders of leaves and twigs:

<https://ipm.ucanr.edu/PMG/C107/m107bpleaftwigdis.html>

UC Riverside Citrus Variety Collection: <https://citrusvariety.ucr.edu/>

Links to herb research

Anti-proliferative and antioxidant properties of rosemary *Rosmarinus officinalis*

<https://pubmed.ncbi.nlm.nih.gov/17487414/>

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Supercritical fluid extracts of rosemary leaves exhibit potent anti-inflammation and anti-tumor effects

<https://pubmed.ncbi.nlm.nih.gov/17827696/>

Effects of Rosemary Extracts on the Reduction of Heterocyclic Amines in Beef Patties

<https://ift.onlinelibrary.wiley.com/doi/abs/10.1111/j.1750-3841.2006.00149.x>

Compound found in rosemary protects against macular degeneration in laboratory model

<https://www.eurekalert.org/news-releases/831584>

Polyphenols from the Mediterranean herb rosemary (*Rosmarinus officinalis*) for prostate cancer

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3607075/>

Chemistry, Pharmacology, and Medicinal Property of Sage (*Salvia*) to Prevent and Cure Illnesses such as Obesity, Diabetes, Depression, Dementia, Lupus, Autism, Heart Disease, and Cancer

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4003706/>

Essential Oils of Oregano: Biological Activity beyond Their Antimicrobial Properties

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6152729/>