



University of California
Agriculture and Natural Resources

Lassen County Cooperative Extension

707 Nevada Street, Susanville, CA 96130
(530) 251-8285 * dhanson@ucanr.edu

NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN LASSEN COUNTY

Calendar of events...

February 2024

FEBRUARY

- 12 Beginning 4-H meeting—5:30 pm, Assembly of God Church
- 15 Presentation Day registration due to 4-H office ****Late entries will not be accepted.*
- 22 Council meeting—6 pm, 4-H office
- 25 Presentation Day—Lassen County Fairgrounds

MARCH

- 2 Standish 4-H Indian Taco Feed—3 to 8 pm, Standish 4-H Hall
- 3 Market Beef Steer mandatory tagging—8 am to 11 am, LC Fairgrounds
- 28 Council meeting—6 pm, 4-H office

APRIL

- 13 Regional Presentation Day—Modoc County hosts at Surprise Valley High School
- 25 Council meeting—6 pm, 4-H office
- 28 County Horticulture Day, hosted by Lake 4-H

MAY

- 2 Friends of 4-H Drive—Through Dinner Fundraiser—4:30 to 6:30 pm, Jensen Hall
- 11 Hog, Sheep, and Goat Tagging & Weigh-in—8 am to 11 am, LC Fairgrounds

JUNE

- 27 Council meeting—6 pm, 4-H office
- 28-29 4-H Mustang Horse Camp—sponsored by BLM Wild Horse & Burro/Lassen CE 4-H Program
- 30 Close out '23-'24 4-H Club Treasurer books

JULY

- 9 Junior Livestock Auction Promotion Day—9:30 am, Memorial Park
- 16 4-H Barbecue Fundraiser
- 17-21 Lassen County Fair

AUGUST

- 20 4-H Open House—4 to 6 pm, Tractor Supply
Junior Livestock Auction Carcass Contest—6:30, LC Fair
- 22 Council meeting
- 30 Club Year-end Treasurer reports DUE on or before to 4-H office



University of California Agriculture and Natural Resources

National & State 4-H News

For more information from the STATE 4-H Office:
[State 4-H Information & Resources](#)

Join 4-H: <http://4h.ucanr.edu/Members/>

4-H Project Sheets:

[http://4h.ucanr.edu/Projects/Project_Sheets/4-H Project Sheets](http://4h.ucanr.edu/Projects/Project_Sheets/4-H_Project_Sheets)

4-H Volunteer Leader Resources:

<http://4h.ucanr.edu/Resources/Volunteers/>

4-H Youth Member Resources:

http://4h.ucanr.edu/Resources/Member_Resources/

State 4-H News & Calendar: <http://4h.ucanr.edu/News/>

'23-'24 4-H Community Club Leaders:

Doyle/South County—Moriah Allen (775-636-1700) and Trish Wemken (530-249-7343)

Dyer Mountain

Cassie Lemaster (530-260-1096), Rebecca Nelson (530-260-2510)

Johnstonville 4-H

Cody Waltman (530-310-1366)

Lake 4-H

Nancy Hemphill (530-640-1096), Mandi Jaso (707-845-2610)

Milford 4-H

Nickie Dilts (530-310-6882), Lacy Music (760-221-4471)

Richmond 4-H

Linda von Helf (760-221-4471), Jessica Jones (530-249-5969)

Standish 4-H

Virginia Bartholomew (530-310-1993),
Cindy Weimer (775-240-0193)

Thompson Peak 4-H

Jason Meadows (530-559-5327), Loel Griffith (530-310-6797)

Lassen County 4-H Council:

Meets 4th Thursday of each month at CE 4-H office

President	Katelyn Kirack
1st Vice President	Laura Medvin
2nd Vice President	Rebecca Kircklin
Secretary	Julie Kirack
Corresponding Sec.	Maddi Johnson
Treasurer	Ranielle Mallery
Social Media	Abel LeCates



The Roundup Newsletter is published by the Lassen County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. The Roundup is a monthly newsletter for 4-H members, leaders, parents, and friends of 4-H in Lassen County.



Please submit Articles and/or photos by the 3rd Thursday of each month to:

Darcy Hanson
4-H Community Education Specialist
dhhanson@ucanr.edu
(530) 251-8285

4-H Youth Program Office
707 Nevada Street
Susanville, CA 96130
Tuesday & Thursday 9-12 & 1-5
or by appointment

Cooperative Extension Office
707 Nevada Street
Susanville, CA 96130

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County First Aid & Safety Project is being offered

Members, this is your opportunity to learn the importance of basic first aid education. Why is First Aid so important?

- Helps to save lives
- It allows the rescuer to provide the victim comfort
- It gives you the tools to prevent the situation from becoming worse
- It creates the confidence to care.
- It encourages healthy and safe living.

For more information on this project and how to join, contact project leader, Liz Harvey at (530) 260-6209.

Market Beef Tagging & Weigh-in

will be held on Sunday, March 3 from 8 to 11am at the Lassen County Fair north arena. Please bring your bill of sale. Lassen County Cattlemen's Supreme Market Steer applications must be turned in at the same time. For more information, contact the Fair office at 251-8900.



County 4-H Presentation Day

Did you know that public speaking skills are ranked number one among the desired skill sets of professionals?

As part the Lassen County 4-H program, we encourage each member to give a presentation each year. This can be done at county 4-H Presentation Day, project meeting or club meeting. Share information about the skills you have learned in a project or maybe a topic you'd like to learn more about. If your goal is to earn that certain "Star" rank or to become a Junior or Teen Leader, consider giving a presentation at the county level.

This year our county Presentation Day will be held on February 25 at the LC Fairgrounds.

Don't put off planning your presentation. Now is the time to select a topic and start writing your thoughts down on paper.

For more information on the types of presentations, rubric sheets, and Presentation Day Manual:

go to the State 4-H website: http://4h.ucanr.edu/Resources/4-H_Manuals_-_Publications/

& download all the information you need. We are happy to make copies for you as well copy.

More information on selecting/preparing a presentation can be found this is issue of the 4-H Roundup.

Participant Registration - <https://surveys.ucanr.edu/survey.cfm?surveynumber=42035>

Room Host, Clerk and Evaluator Registration - <https://surveys.ucanr.edu/survey.cfm?surveynumber=42036>

Registration deadline: February 15, 2024

If you have any questions, please give us a call at the 4-H office, 251-8285. Paper registration forms are available at our office.

This event is hosted by Milford and South County 4-H Clubs.

Recognition for your accomplishments:

Show your progress and achievements by earning pins and certificates for different milestones. The **Achievement Program** and the **Star Rank System** (old Record Book) are optional opportunities to expand on your learning.

Achievement Program

The Achievement Program gives you incentives to find and use your Spark to make a positive difference in the world.

For more information: <https://sites.google.com/ucdavis.edu/ca4h-resourcecenter/4-h-basics/achievements/achievement-program>

iSprout—Primary Ages 5-8

The iSprout activities focus on the following four topics: Knowing Me, Knowing My Family, Knowing 4-H and Knowing My Community.

[iSprout curriculum](#)

[iSprout Clover Reflection Page](#)

[Report for Primary Members \(DOC\)](#)

Spark Achievement—For all Junior Ages 9-10 and New 4-H'ers

The Spark Achievement level will help you build a foundation to process to the more challenging levels.

[Achievements Manual](#)

[Form: Spark Achievements Report](#)

[Example Spark Achievements Report](#)

[Sparks Achievement Tracking Form](#)

Emerald Star I & Emerald Star II Achievements—Intermediate Ages 11-13

The Emerald Star I and Emerald Star II levels are in a soft-launch phase across the state for the '23-'24 program year. Returning Intermediate and Senior 4-H'ers who want to switch to the new Achievement Program will also start out at this level. Intermediate and Senior members who have started Star Ranks (old record book system) have three options:

1. Continue working on the Star Rank program and related Record Book requirements.
2. Finish the current rank you are working toward. Plan to convert to the new program '23-'24. Specially designed recognition pins will be awarded for members who complete both systems of achievement.
3. After achieving Platinum Star Rank, start the new achievement program at any time, after the release of the Emerald Star I and Emerald Star II levels. Specially designed recognition pins will be awarded for members who complete both systems of achievement.

[Achievements Manual](#)

[Emerald Star I Report Form](#)

[Emerald Star II Report Form](#)

[Emerald Stars Example Form](#)

Impact Star Achievements—Senior Ages 14-18

The impact Star Achievement level for Senior Members are in a soft-launch phase across the state for the 2023-24 program year. Senior members who have started Star Ranks have three options:

1. Continue working on the Star Rank program and related Record Book requirements.
2. Finish the current rank you are working toward. Plan to convert to the new program in '23-'24. Specially designed recognition pins will be awarded for members who complete both systems of achievement.
3. After achieving Platinum Rank, start the new achievement program at any time, after the release of the Impact Star Achievements level. Specially designed recognition pins will be awarded form members who complete both systems of achievement.

[Achievements Manual](#)

[Impact Stars Report Form](#)

[Impact Stars Example Form](#)

Star Rank System—(old Personal Development Report/Record Book)

Starting in 2022-23, new 4-H'ers and Junior 4-H'ers will start out with the Sparks Achievement program. The Star Rank System will be an option for 4-H'ers who have already actively participated in the Star Rank system prior to 2021-22.

The Star Rank System is based on the Personal Development (PDR) of the Record Book. It was developed as a goal setting tool, aimed at encouraging broad-based participation. The Star Rank System tallies participation in eight categories:

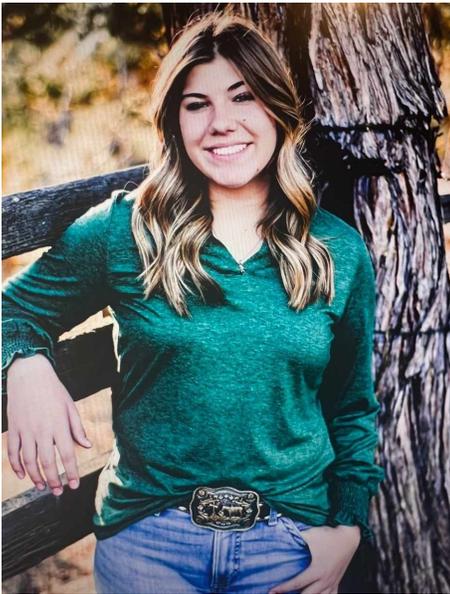
1. 4-H Projects Completed
2. 4-H Project Skill Activities
3. 4-H Events Attended
4. Leadership Development
5. Citizenship and Community Service
6. Communication Skills
7. Honors and Recognition
8. Lifestyle Activities

You earn stars by completing the required number of activities for each level:

- Bronze Star: Complete at least 5 of the 8 PDR categories.
- Silver Star: Complete at least 6 of the 8 PDR categories.
- Gold Star: Complete at least 7 of the 8 PDR categories.
- Emerald Star (not in all counties): The Emerald Star program is sponsored by the county 4-H office/4-H Council. The Emerald Star program is designed for Intermediate and Senior 4-H members.
- Platinum Star: Complete at least 7 of the 8 PDR categories.

For more detailed and to continue participating in the Star Rank System, please see the [PDR report form \(Google doc\)](#). Please see the [Record Book page](#) for other formats of the form.

Still have questions? Contact Gemma Miner at gmminer@ucanr.edu



Hi, my name is Paiton Hallmark

I am 14 years old, and I go to Lassen High School. Some of my interests include 4-H, softball, and school events. This is my third year in 4-H and this year I made the decision to run for President, when voted so, I immediately started working to carry on Milford 4-H's successful reputation. Being President, I lead the monthly meetings, working to help others feel involved and confident in having discussions and making motions. I help organize events and encourage others to get out of their comfort zone. One thing I love about 4-H, is that it helps build character, and gives kids the basic life skills to help them succeed in the future. Some of my futures goals are to be successful in the career path I choose, to better myself to be the person I want to be, and to be a strong leader to make a difference.

Hi, my name is Leilah Hallmark

I'm a part of Milford 4-H. I am treasurer for our club, and I am also in arts and crafts and cooking with my club. Being a treasurer is like being able to do math a lot. I keep track of the money, and it is fun. I go to Shaffer school, and my favorite thing to do is Saturday camp. Saturday camp is where you get to cook and do art and have fun with friends. My favorite subject is P.E because we play games a lot. In school I have three classrooms, reading, math, and music. Music is my favorite because we get to play instruments, right now we are doing the violin. Some of my hobbies are playing video games some video games I like to play are Five Nights at Freddy's, Hello Neighbor, and Roblox. My favorite art to do is color, paint, make up, and draw. When I am cooking, I like to explore with my cooking like ramen or chicken, and even tacos, I cook a lot, And lastly, I like to hang out with friends.



Arts & Crafts – Dragons!! Submitted by Leilah Hallmark

Last time I did arts and crafts we did stuff for Chinese New Year. We did a big dragon out of our handprints. Then I colored the dragon picture to go on the front it was super fun. Then we all took a picture in front of it, and it looked so cool. We made the dragon to celebrate Chinese New Year or the lunar new year. If you were born in 2024, 2012, 2000, 1988, 1976, 1964, or 1952 then you are a dragon! Being a dragon represents authority, prosperity, and good fortune. I was born in 2013, the year of the snake. I like being a snake because snakes are said to be sensitive, funny, imaginative, sympathetic, wise, persuasive, and passionate.

Milford 4-H, Submitted by Paiton Hallmark

For the month of December, Milford 4-H gave to the community by Holiday shopping for the angel tree, giving to the less fortunate. After our business proportion of the meeting, we had a Christmas pizza parting including a sock exchange. One sock was filled with gifts that were overall ten dollars or less, and the other was placed into a bowl. Each member chose from the bowl and found the corresponding sock to receive the gifts.

For the month of January, Milford 4-H discussed our annual Valentines for Veterans. It was decided that we would have a \$200 budget which would include a handmade card and a patriotic lanyard. After the meeting was adjourned, we watched a presentation given by Samantha on how to make tortillas from scratch. Afterwards, we ate cupcakes and safely made our way home.



LASSEN COUNTY FAIR

JUNE JACKPOT

CATTLE



SWINE

SHEEP

Save The Date

JUNE 1ST, 2024

OVER \$10,000 IN PREMIUM PAYOUTS

UP FOR GRABS

ENTRY FORMS COMING SOON.
VISIT LASSENCOUNTYFAIR.ORG

There will be Pee-Wee age divisions for youth 8 years and under.

Lassen County 4-H Council Meeting Minutes
Thursday, January 25, 2024
6:00 PM * CE 4-H Office

The meeting of the Lassen County 4-H Council was called to order by K. Kirack, President at 6:00 p.m.

Pledge of Allegiance was lead by R. Kirklin

Roll Call was taken: Dyer Mtn – 3 Johnstonville – 1 Lake – 2 Milford - 2 Richmond – 4 South County - 2 Standish – 1 Thompson Peak – 0 CE 4-H staff – 1

Approval of the agenda was motioned and seconded by M. VonHelf and M. Dickson

Approval of Previous Meeting Minutes were motioned and seconded by C. Wood and S. Medvin

Treasurer's report was given by K. Kirack

4-H Staff Report:

- Enrollment Update – enrollment up over last year. Approx 15 members still need to pay
- Forever 4-H Dinner: 5/2/24

Committee Reports:

- Ambassador – Report by M. Dickson and M. VonHelf. Beginning 4-H 2/12/24@5pm at Assembly of God Church. Motion to spend up to \$120 toward necessary items for Beginning 4-H by R. Kirklin/V. Bartholomew.
- Decal fundraiser – update by D. Hanson, waiting on last deposit
- Fair BBQ fundraiser – Sign contract/each club will submit a name of a parent to sit on the committee
- JLA Promotion Day committee update – Report by L. Medvin
- Presentation Day –Jensen Hall 2/25/24
- Horticulture Day – Report by M. Jaso Johnstonville/Lake to host
- County projects reports:
- Home Arts Extravaganza – Report by M. VonHelf
- Dog – Report by S. Medvin. Next meeting at Janesville Park 2/18/24 @ 2pm
- Club reports – Report by each present club

Old Business:

- Graduation Stole – purchase for all graduating seniors. Motion by M. Dickson and S. LeMaster to purchase graduation stoles for graduating seniors and continue each year.
- Large/Small Animal Skills Day (all clubs) – plan for next year and have each club involved
- Emerald Star Project – K. Kirack gives report on her emerald star project

New Business:

- Achievement Program / Star Rank Program (old record book/PDR) – members can continue with the old program OR go to the star rank program. If planning to go to State judging you must use the new program.

Announcements: V. Bartholomew is working on a couple of dates for making feed sack bags

Next Meetings: Thursday, February 22, 2024 @ 6:00 p.m. at CE 4-H Office. No December meeting.

4-H Pledge: Lead by S. LeMaster

Feb 22 Council meeting

Feb 15 Presentation Registration due

Feb 25 Presentation Day

Mar 2 Standish 4-H Indian Taco Feed

Mar 3 Fair Beef Tagging

April 28 County Horticulture Day

May 2 Forever Drive-Through Dinner

May 11 Hog, Sheep, Goat Tagging

Jun28-29 Mustang Horse Camp (with BLM Wild Horse Corals) 12pm 6/28 – 12pm 6/29/24 9 years old and older

Meeting Adjourned: Motion by S. Medvin and seconded by R. Kirklin to adjourn the meeting at 6:49 p.m.

Date: 2/1/24 Signed: Julie Kirack



Spring 2024 Online Workshop Series for 4-H Project Leaders

Learn about your role, responsibilities, lesson planning, making learning engaging, working with youth of all ages, and effective hands-on learning.

The complete series is 4, 2-hour sessions offered Tuesdays, March 5, 12, 19, & 26 | 6:30-8:30pm



Register at <https://bit.ly/4HPL2>
Complete the series to earn a 4-H name badge.



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- **Tuesday, March 5, 2024, 6:30pm - 8:30pm** Session 1: Best practices in youth development: Focusing on youth sparks, sense of belonging, and positive relationships with adults. (The 4-H Thriving Model of Positive Youth Development)
- **Tuesday, March 12, 2024, 6:30pm - 8:30pm** Session 2: Learning in 4-H: Facilitating hands-on experiential education and planning your project.
- **Tuesday, March 19, 2024, 6:30pm - 8:30pm** Session 3: Working With All Ages (from 5 to 18) and Abilities (The Ages and Stages of Youth Development)
- **Tuesday, March 26, 2024, 6:30pm - 8:30pm** Session 4: Creating effective youth-adult partnerships & Working with youth leaders (Junior and Teen Leaders)

Register at <https://bit.ly/4HPL2>