

Fresno County 4-H Guidelines

Newsletter for 4-H Families in Fresno County

February 2024



University of California

Agriculture and Natural Resources | 4-H Youth Development Program



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Many hearts. One Family.
Be a part of something bigger.



UNIVERSITY OF CALIFORNIA
 Agriculture and Natural Resources

CA 4-H Resource Center

Words To Live By:

“Be so good they can’t ignore you.” -Steve Martin

Deadline
 4-H News articles due for
Newsletter– February 20th
 Please send articles to-
 tnewton@ucanr.edu

Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7519, if you have any barriers to participation requiring any accommodation.



UC Cooperative Extension
 550 E. Shaw Avenue, Suite 210-B
 Fresno, California 93710
Phone: (559) 241-7519
 Website: cefresno.ucanr.edu



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Fresno County 4-H Leader's Council & Committee Meetings

Fresno County Leadership Council Meeting

Tuesday, February 20, 2024 at 6:30 PM

Join ZOOM Meeting

<https://ucanr.zoom.us/j/92610760064?pwd=SGpuRGc2V1FlcVkvSzAzZ3BoMmtodz09>



Meeting ID: 926 1076 0064 Passcode: 971709

Color Me Green Planning Meeting

Thursday, February 8, 2024 at 6:30 PM

Join ZOOM Meeting

<https://ucanr.zoom.us/j/98313296247?pwd=TXFJLzcvQXZRWUxpTTIHTVNQZXIRUT09>

Meeting ID: 983 1329 6247 Passcode: 401655

Clover Fest Planning Meeting

Thursday, March 14, 2024 at 7:00 PM

Join Zoom Meeting

<https://ucanr.zoom.us/j/97997598975?pwd=eG10VlJzR05VamxMY3hHTEJrM29XQT09>

Meeting ID: 979 9759 8975 Passcode: 450579

Emerald Star Achievement Review Meeting

Tuesday, February 27, 2024 at 6:00 PM

Join ZOOM Meeting

<https://ucanr.zoom.us/j/91886040025?pwd=dkZPR0lvUET3Q1BPVEs1NURNZk91Zz09>

Meeting ID: 918 8604 0025 Passcode: 252585

Join using computer or phone

All Meetings One Tap Mobile +1669 900 6833 #US (San Jose)

🍀 Clover Fest 2024 Update 🍀

The Clover Fest Committee is still looking for additional committee members. Positions that need to be filled include-

- Decorations & Centerpieces
- Publicity
- Co-Chair the event with the Masons Rep.

Job descriptions are available, if you would like more information.

Interested in helping but can't commit to serving on the committee? Your help is also needed! If you would like to assist with decorations, securing donated items, help with set-up or a variety of other jobs— let us know so we can keep you in the loop.

The next Committee meeting is scheduled for

Thursday, March 14th at 7:00 PM via ZOOM

The meetings usually last about 1 hour. Please refer to the column on the left for ZOOM access information.

Clover Fest is a great way to get involved. If you know of any 4-H Alumni or Alumni Parents that wish to contribute, please share this information.

Questions? Georgene Diener 559-269-1177



Volunteers- The Best of the Best!

Clovis Rodeo has requested volunteers to assist in upcoming workdays at the rodeo grounds on February 24th, March 9th, and April 20th. Each of these Saturdays will begin at 8:00 am and wrap up by 2:00 pm. Lunch will be provided and parents are encouraged to stay and help if possible. Most of the work will involve cleaning up the suites, wiping down windows, setting up chairs, dusting, etc. **Considering the show of support from CRA to Fresno County 4-H in 2022, donating over \$50,000 of proceeds from the Cowgirl Up BBQ, let's give back and show up to assist and fulfill their request.**

Please RSVP to Ruth Jones (559) 285-4094 or email ruth24@netzero.net





Tis the Season for Fairmont 4-H Model Horse Show

Saturday, February 3, 2024

Registration begins at 8:00 AM

Event starts at 9:00 AM

Cost—\$1.00 per class



Fairmont Elementary School— 3095 North Greenwood Avenue, Sanger

(Located just west of Academy Avenue and North of Shields Avenue)

The Model Horse Show is open to all 4-H members. **Horse Project membership is not required!** This is a friendly competition with no hauling hassles and great food. A silent auction is included. If you've never attended, now's the time to give it a try. The show is located in a larger and more convenient facility. Ribbons will be awarded to 1st through 6th place and rosettes will be given in 5 divisions. Trophies will be presented to Over-All.

Delicious snack bar, nachos, frito boats etc. Fantastic deals in the silent auction. Enjoy the warmth of the only indoor horse show. Leaders, watch your email for premium, registration forms and links on the Fresno County 4-H website in early January for pre-registration. **By pre-registering before January 31st, you will be entered in an exclusive drawing for a new Breyer model horse.** Prepayment is not required, changes allowed the day of the show. Contacts: Tracy Newton at 559-970-3092 or Megan Brown at 805-444-4321.

County Presentation Day— Plan to Participate!

Saturday, March 23, 2024

Check-in 9:00 AM and Presentations Begin at 9:30 AM

Sequoia Elementary School— 1820 South Armstrong Avenue, Fresno

Entry deadline is Friday, March 15th, 2024



Presentation Day gives members the chance to communicate an idea or concept to an audience. By going through the process of giving a presentation, members learn how to research a subject, organize ideas in a logical order, and practice public speaking skills which are valuable later in life. Every member is encouraged to give a presentation each year. There are many different types of presentations, which allows the participant to choose the format most appropriate to their topic and goals.

You may choose from:

- * Demonstration/Illustrated Talk
- * Informative Prepared Speech
- * Interpretive Reading
- * ***New categories:***
- * Science or Engineering Presentation
- * Persuasive Prepared Speech
- * Share the 4-H Fun Skit
- * ***Infographic***
- * Educational Display Talk
- * Impromptu Speech
- * Cultural Arts
- * ***Video Essay***

(For more information on these new categories visit: <https://ucanr.edu/sites/UC4-H/files/366320.pdf>)

For more detailed information on how to give a presentation and explanation of the categories available to participate in, go to:

<https://ucanr.edu/sites/UC4-H/files/2193.pdf> and

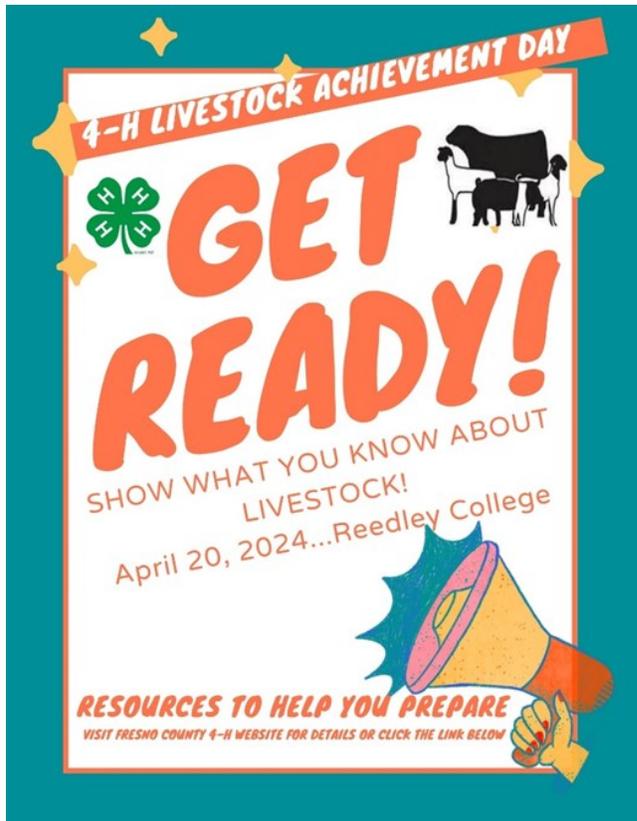
visit the state website at: <https://4h.ucanr.edu/Projects/Leadership/PublicSpeaking/>

To enter presentation Day, go to: <https://surveys.ucanr.edu/survey.cfm?surveynumber=42134>

To volunteer as an evaluator (adult), go to: <https://surveys.ucanr.edu/survey.cfm?surveynumber=42264>

To volunteer as a room monitor (youth), go to: <https://surveys.ucanr.edu/survey.cfm?surveynumber=42265>

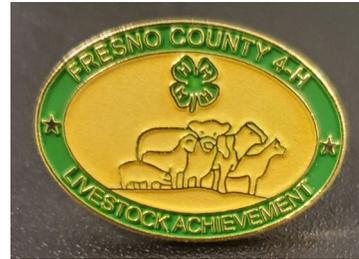
Questions? Please contact Georgene Diener at 559-269-1177 or georgenediener@gmail.com



[Click here for everything you need to know about Livestock Achievement!](#)

Questions regarding Livestock Achievement Program please contact Susanne Carroll – (559) 269-9959.

Program covers species of beef, dairy goats, meat goats, sheep, and swine. Project leaders please utilize the resources and assist project members in preparing for and attending Livestock Achievement Day 2024.



Custom Medals awarded to top scoring participants.

Livestock Achievement Update

As you get back into the swing of project meetings, check out this great resource- an interactive livestock anatomy poster available for Sheep, Swine, Meat Goat & Dairy Goat (Beef Cattle available soon).

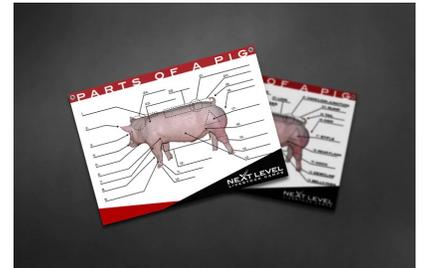
Contact Clara O'Daniel at 559-593-0449 to borrow a poster for your next meeting.

Mark your calendars:

Livestock Achievement Day
April 20, 2024

New this year:

Sheep Field Day
June 29, 2024



Watch future Guidelines and your email for more information.

Check out-

Livestock Achievement Program webpage:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock_Achievement/

Livestock Achievement Program Resources page:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock_Achievement/Livestock_Achievement_Resources/

Questions? Contact Livestock Achievement Chairman- **Susanne Carroll 559-269-9959**





GET READY TO BE **GREEN!**

April 6, 2024

Dry Creek Park

885 North Clovis Avenue, Clovis

Registration begins at 8 AM: Run/Walk begins at 9 AM

The annual *Color Me Green 5k run/walk* is quickly approaching! Registration opens January 26th. Registration for Adults 18 and older is \$25.00 and for all Youth \$15.00. The cost increases by \$5.00 by March 11th. The earlier you register the better! All the profits benefits the Fresno County 4-H Scholarship Fund.

You will receive a swag bag and winners get special prizes. Not only will there be colored running but there will be carnival games, photo booth, face painting, and small animal exhibits. Can't wait to see you there!

Fresno County 4-H is proud to introduce the release of two new awards programs. Members may earn exciting new custom medals for completion of Community Service or Events Attended programs. Developed to give ALL members (Yes- including Primary youth) incentive to explore county and state level events and take part in community service activities. Building your community service muscles and learning the value of our motto "**To Make the Best Better**". Forms and additional details found <https://ucanr.edu/sites/4-H-Fresno/files/391495.pdf>

Questions contact the 4-H Office at 559-241-7519 or email Tracy tnewton@ucanr.edu or Zach zniles@gmail.com.



Many THANKS to Incentive & Recognition Committee members: Zach Niles, Anne Cehrs, Harinder Sran, Amber Friend, Jessica Patino, Marlene Miyasaki, Jane Bedrosian, and Tracy Newton for the development of this program.



4-H Countywide Dog Project – Next meeting on Wednesday, February 7th at 5:00 PM. Location Pet Supplies Plus of Clovis, 1235 Shaw Avenue. Project dogs must be minimum 6 months of age and non-aggressive with other dogs. Please bring dog on a lead and training treats. Parents may wish to bring a chair. Dog Project manuals available at cost of \$22 Ea. Questions contact Anne (559) 618-0250 or Richard (559) 285-7657.



Fashion Revue 2024—Categories have been announced!

All categories remain the same as last year's event. NEW— Traditional & Consumer Science Purchased \$50 limit are the two events requiring "County Winner" to be eligible for State competition. All other categories do not need to qualify at a County 4-H Fashion Revue event to be eligible for State contest.

Members may enter two categories at State Fashion Revue 2024.

The winners in Senior Traditional, Make It With Wool, and the top two in Senior Consumer Science Purchased will qualify for the FCS National Championship & Conference Fashion Revue categories.

TRADITIONAL—CONSUMER SCIENCE PURCHASED, \$50 LIMIT —SOFTIE CHALLENGE— QUILTS
MAKE IT WITH WOOL— LEATHER CREATIONS—QUILTS



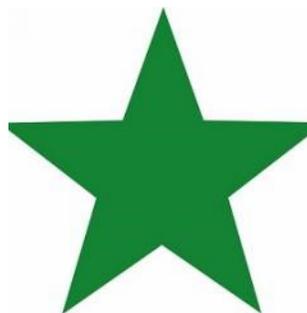
SAVE THE DATE—CENTRAL VALLEY FASHION REVUE—SATURDAY, APRIL 20th

New Emerald Star Program Resource to Fresno County 4-H families

With the release of the revised Achievement Programs from CA 4-H State office our goal is to support all members as they navigate the new processes and programs. **You are invited to join us by ZOOM for a countywide "Emerald Star Review" meeting Tuesdays, February 27th and April 30th beginning at 6:00 pm.**

Meetings will help to:

- ◆ Better understand the new program
- ◆ Prepare both members, parents, and mentors
- ◆ Devise goals & clear path forward
- ◆ Strategically review timeline
- ◆ Provide you with forms & materials



Questions? Contact Zach Niles at 559-972-9095. Meeting ZOOM only use link <https://ucanr.zoom.us/j/91886040025?pwd=dkZPR0lvUEt3Q1BPVes1NURNZk91Zz09> ID 918 8604 0025 PW 252585



FEB 23 AT 3 PM – FEB 24 AT 5 PM

2024 Greater California Poultry Show

The Big Fresno Fair

Open and Junior Poultry Show including Egg Show Competition, Maran Egg Competition, Serama Table Top Show, Game Show, Junior Showmanship, and Avian Bowl California State Qualifier. A Great opportunity to see numerous breeds of birds, purchase project birds, and broaden knowledge of poultry project. Questions regarding show contact: Janet Moore (559) 246-2987 Email: kwgrlup@aol.com



California 4-H

Statewide Animal & Equine Events

UC Davis CA&ES Field Day

4-H LIVESTOCK JUDGING - STATE QUALIFIER CONTEST

Date: March 2, 2024

Youth can enter:

4-H Junior Livestock Judging: 9- 13 years old

4-H Senior Livestock Judging: 14-18 years old*

* Eligible to qualify for a national competition

Deadline to enter: February 16th

Contact your county 4-H office to enter!

Registration via [JudgingCard.com](https://judgingcard.com)

2024 AVIAN BOWL - STATE QUALIFIER CONTEST

At the Greater Society of Poultry Fanciers' Show (Fresno, CA)

Date: February 24, 2024

Youth can enter:

4-H Junior Avian Bowl TEAM: 9- 13 years old

4-H Senior Avian Bowl TEAM: 14-18 years old*

* Eligible to qualify for the National 4-H Avian Bowl contest

Deadline to enter: Entry must be postmarked or faxed by February 12th

Entry Form and more information can be found <https://avian.ucdavis.edu/news/2024-01-04-avian-science-notes-january-newsletter>

Find Avian Bowl Study Materials Here! <https://avian.ucdavis.edu/news/2023-11-20-avian-science-notes-november-newsletter>

UC Davis CA&ES Field Day

4-H POULTRY JUDGING - STATE QUALIFIER CONTEST

Date: March 2, 2024

Youth can enter:

4-H Junior Poultry Judging: 9- 13 years old

4-H Senior Poultry Judging: 14-18 years old*

* Eligible to qualify for the National 4-H Poultry Judging contest

Deadline to enter: February 16th

Contact your county 4-H office to enter!

Registration via [JudgingCard.com](https://judgingcard.com)



California 4-H

Statewide Animal & Equine Events

UC Davis CA&ES Field Day

4-H DAIRY JUDGING - STATE QUALIFIER CONTEST

Date: March 2, 2024

Youth can enter:

4-H Junior Dairy Judging: 9- 13 years old

4-H Senior Dairy Judging: 14-18 years old*

* Eligible to qualify for the National 4-H Dairy Judging contest

Deadline to enter: February 16th

Contact your county 4-H office to enter!

Registration via [JudgingCard.com](https://judgingcard.com)

For more information go here: <https://caes.ucdavis.edu/news/events/field-day>

UC Davis CA&ES Field Day

4-H DIVISION - LIGHT HORSE JUDGING

Date: March 2, 2024

Youth can enter:

4-H Light Horse (9-18 years old)*

* This is NOT a state qualifier contest

Deadline to enter: February 16th

Contact your county 4-H office to enter!

Registration via [JudgingCard.com](https://judgingcard.com)



For more details on all contests please see the UC Davis Field Day website found here:

<https://caes.ucdavis.edu/news/events/field-day>



Festive Food Faire Gold Medal Winners

The Festive Food Faire was held on January 20th and was well attended. Participants spent hours making lots of attractive and delicious entries. Congratulations to all who participated. The top awards (Gold medals) are listed below in each category and age division. For a complete listing of Bronze, Silver and Gold Medals visit – https://ucanr.edu/sites/4-H-Fresno/Annual_Events_Page/Festive_Faire/

Gold Medals presented in the **Dairy Category:**

Junior Div.:	Alice Ruck	Fairmont 4-H	Chocolate Buttermilk Bundt Cake
Inter. Div.:	Nicholas Guizar	American Union 4-H	Football Cheese Ball
Senior Div.:	Faith Collup	Fairmont 4-H	Cookie Dough Brownies

Gold Medals presented in the **Traditional Category:**

Junior Div.:	Grace Dutrow	Fairmont 4-H	Mimi's Banana Nut Bread
Inter. Div.:	Harleen Sran	Kerman 4-H	Punjabi Samosa
Senior Div.:	Kendall Metzler	Blossom Trail 4-H	Wednesday Addam's Birthday Cake

Gold Medals presented in the **Candies Category:**

Junior Div.:	Nyla Saad	Fowler 4-H	Cinnamon Candied Almonds
Senior Div.:	Trinity West	Blossom Trail 4-H	Lemon Bars

Gold Medals presented in the **Healthier Goodies Category:**

Junior Div.:	Senna Saad	Fowler 4-H	Chocolate Coconut Seed Pudding
Inter. Div.:	Jina Khezri	Fowler 4-H	Pomegranate Beet Salad w/Mint and Pistachio
Senior Div.:	Hannah Rusconi	Blossom Trail	Cowboy Dip

Gold Medals presented in the **Trix From A Mix Category:**

Junior Div.:	Marshall Ward	Reedley 4-H	Banana Cake w/Quick Caramel Frosting
Inter. Div.:	Isabella Farias	Blossom Trail 4-H	Loaded Brownies
Senior Div.:	Hannah Rusconi	Blossom Trail 4-H	Mini Pumpkin Gems

Gold Medals presented in the **Holiday Decorations Category:**

Junior Div.:	Presleigh Astiasuain	Reedley 4-H	
Junior Div.:	Grady Rocca	American Union 4-H	
Inter. Div.:	Austynn Beckham	Sierra 4-H	

Gold Medals presented in the **Salads Category:**

Junior Div.:	Addie Niles	Fowler 4-H	Pomegranate and Pear Salad
Inter. Div.:	Austynn Beckham	Sierra 4-H	Montana Picnic Pasta

Judges Choice Award:

Trinity West from Blossom Trail 4-H Candies Category.

CONGRATULATIONS!

Thank you for the outstanding primary participation in Festive Food Faire!

Congratulations to the following:

Primary Youth

Reece Rocca
Amelia Farias
Hannah Shirts
Austin Ross
Nimrith Gill
Verona Honda
Declan Luallen
Lennon Luallen
Greyson Mukai
Zoe Mukai
Ivy Nguyen
Avery Niles
Ayame Saad
Allysen King
June B Sanchez
Abigail Asman
Madelyn Asman
Taya Garcia
Emery Roberts
Ximera Loera
Abigail Denson
Lucas Patino

Club

American Union 4-H
Blossom Trail 4-H
Blossom Trail 4-H
Fairmont 4-H
Fowler 4-H
Fowler 4-H
Fowler 4-H
Fowler 4-H
Fowler 4-H
Fowler 4-H
Lone Star 4-H
Lone Star 4-H
McKinley 4-H
McKinley 4-H
Reedley 4-H
Reedley 4-H
Reedley 4-H
Reedley 4-H
Reedley 4-H
Renegades 4-H
Rural Route 4-H



JUDGING CONTEST held January 20, 2024

Congratulations to all participants:

Medalists Judging Contest Plant:

Junior Div. 1st:	Nicholas Cassel	Fowler 4-H
Junior Div. 2nd:	Ivy Parsons	Fairmont 4-H
Junior Div. 3rd:	Presleigh Astiasuain	Reedley 4-H
Inter. Div. 1st:	Jina Khezri	Fowler 4-H
Inter. Div. 2nd:	Emmylea Rush	Fairmont 4-H
Inter. Div. 3rd:	Jeremy Cassel	Fowler 4-H
Senior Div. 1st:	Trinity West	Blossom Trail 4-H
Senior Div. 2nd:	Kendall Metzler	Blossom Trail 4-H
Senior Div. 3rd:	Hannah Rusconi	Blossom Trail 4-H

Medalists Judging Contest Consumer:

Junior Div. 1st:	Addie Niles	Lone Star 4-H
Junior Div. 2nd:	Brayden Kolofer	Fairmont 4-H
Junior Div. 3rd:	Chelsie Friend	Sierra 4-H
Inter. Div. 1st:	Ariel Davis	Rural Route 4-H
Inter. Div. 2nd:	John Moya	Renegades 4-H
Inter. Div. 3rd:	Jose Patino	Rural Route 4-H
Senior Div. 1st:	Jeremiah Valorosi	Blossom Trail 4-H
Senior Div. 2nd:	Trinity West	Blossom Trail 4-H
Senior Div. 3rd:	Kendall Metzler	Blossom Trail 4-H

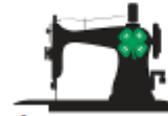


4-H Community Service Activity

Sew a Drawstring Bag for



The Fresno Gem & Mineral Society
(REVISED 02/09/24)



Materials needed:

1 – 6-inch x 12-inch pieces of fabric (any fabric of your choice!)

2 - 17-inch pieces of yarn

(The 4-H office may have some donated material available for you to use for this community service activity. Please contact Tracy or Elizabeth.)

Instructions:

- Cut your fabric piece according to the dimensions given above.
- At the top of each of the 6-inch sides, fold 1 inch of the fabric over from the top edge. Press in place with iron.
- Sew along the bottom of the 1-inch fold to make a ½ inch casing.
- Repeat on the other 6-inch side of fabric.
- Fold the fabric in half, inside out, with the newly sewn casings at the top.
- At this point, the project should measure approximately 5 inches from the fold to the top of the casings, and 6 inches from edge to edge.
- Sew along the edge of the fabric from the fold to the bottom of the casings.
- Repeat on the other edge of the fabric.
- The project should now resemble a pocket.
- Turn the project right side out.
- Tie a knot in one end of one of the pieces of yarn, attach a safety pin, and insert the yarn through one end of the casing, using the safety pin. Repeat through the casing on the other side.
- Tie the ends of the yarn together in a knot and pull the ends to close the bag. Your drawstring bag is done!

The Fresno Gem & Mineral Society will use these bags for rocks, gems, and other treasures at the Fresno Fair. Please complete by 06/30/24.

Completed bags can be dropped off at the Fresno Gem and Mineral Society Clubhouse located at: 404 W McKinley Ave., Fresno, 93728 To arrange for drop-off or if you have any questions, please contact Diane White at (559) 346-9263 or dianemwhite@yahoo.com

4-H Ambassador Team Service Learning Project

**“Bravery Bags” benefiting Valley Children’s
Hospital & Golden State Family Services**

BE
BRAVE



*Please join us in supporting the
Neurology & Pediatric Intensive Care
units of Valley Children’s Hospital
and Foster Agency, Golden State
Family Services*

Team goal of 100 bags to each agency by June 30th

- Art Craft Kits
- Candy
- Chapstick
- Colored Pencils
- Crayons
- Dental Floss
- Ear Plugs
- Eye Masks
- Fidget Toys
- Gum
- Hand Cream
- Hygiene Items
- Jellyfish Cafe Gift Cards
- Markers
- Non-Slip Socks
- Notepads / Pens
- Playing Cards
- Protein Bars
- Small Puzzles
- Snacks
- Starbucks Gift Cards
- Stickers
- Travel Pillow / Cups
- Word Search / Puzzle Books

**Drop off location: 4-H
Office 550 E. Shaw
Avenue Ste# 100. We
encourage collections
at club level and we are
happy to arrange for
pick-up.**

Contacts: Asa at ac1426@aol.com

Brianna at bri.moya@icloud.com

Miranda at mirandamoya583@gmail.com

Caring For Those In Time Of Need