



## SECTION 1: COVER/TITLE PAGE

See page 7 of the manual for additional information.

### Include:

First and Last Name

Your age now

Your birthdate

Name of Club

County Name

Program Year (ex: "2024-25")

Your 4-H age division (as of December 31st, of the program year.

Junior, Intermediate, Senior)

Use any artwork, photo, or graphics you like on this page.

The best advice we can give you is to:

Work on the forms throughout the year.

Read the manual on how to complete each form.

Work on assembling the Record Book one section at a time.

Read the manual for each section.

Oh, and read the manual!



# SECTION 2: TABLE OF CONTENTS

See page 7 of the manual for additional information.

<b>Section 1:</b> Cover/Title Page	Page #
<b>Section 2:</b> Table of Contents	Page #
<b>Section 3:</b> Achievement Rank Forms worked on this year  If no achievements, omit this material and re-order Sections so that Section 3 becomes My 4-H Story and so on.	Page #
<b>Section 4:</b> My 4-H Story (omit if Senior member working on Impact Star only and re-order following sections as needed)	Page #
<b>Section 5:</b> Annual Project Report (APR) for each project Expression page for each APR ONE Leadership Report (optional, behind 1st APR in this section)	Page #
<b>Section 6:</b> Activity Summary (Optional)	Page #
<b>Section 7:</b> 4-H Resume (Senior members only)	Page #

# SECTION 3: ACHIEVEMENT RANK FORMS

Does not need to be included for competition.

Current Achievement Forms that you are currently working on.

Sparks Achievement Report form

Emerald Star I

Emerald Star II

Impact Stars



**Achievement Program Manual**

If no achievements are documented, omit this page and move to the next Section.

Be sure to re-order the Section numbers if no achievements.

# SECTION 4: MY 4-H STORY

See page 8 of the manual for additional information.

The My 4-H Story can use any media type.

You can write it, make a video, make an audio recording, make a slide deck, make a scrapbook.

If you are writing, insert your words here. Follow these word counts:

Junior: 250 – 500 words

Intermediate and Senior: 500 – 2000 words

If writing your story, you can also include a few photos with captions.

If you make video, audio, slide deck, or scrapbook, put the URL to the digital place where you created the media right here on this page.

Make sure that evaluators can see your work by making the settings "anyone with the link can view".

Make sure your media follows these guidelines:

Junior: 1 – 2 minutes long or not more than 5 slides or pages

Intermediate and Senior: 2 – 4 minutes long or not more than 10 slides or pages

# SECTION 5: ANNUAL PROJECT REPORT (APR)

See pages 9-10 of the manual for additional information.

Annual Project Report for each project

Expression Page for each Project

Optional: Leadership Report behind 1st APR Expression Page



# SECTION 7: 4-H RESUME - SENIOR MEMBERS

See page 11 of the manual for additional information.