

New Achievements Program

Member Record Book – LA County 4-H

A complete LA County 4-H Record Book for the New Achievements Program includes the following:

Section 1

TitlePage
Table of Contents

Section 2 – New Achievements Program Reports

New Achievement Program Member Confirmation Form
Spark Achievements Report
and/or Emerald Star reports
and/or Impact Star reports

Section 3

My Story

Section 4 - Projects

Annual Project Report (APR) with Expression page
(one APR and Expression page for each of your projects)
Leadership Report to APR report (follows the first APR for this section) - optional

Section 5

Collection of Work - optional

Section 6

Summary of Activities - optional

Section 7

Resume - optional for Juniors and Intermediates

Section 8

Prior Years in 4-H - optional

TitlePage (one 8.5 x 11 inch page)

Full Name
Member's Birthdate and 4-H age for this program year
Club Name
County Name
4-H Program Year
graphics/artwork is acceptable, not required

Table of Contents

Indicate the order of the items in the book, include page numbers
Number pages

New Achievements reports - optional

If you are participating in the New Achievements Program, put your New Achievements reports for this year in this section – Spark Achievement, Emerald Star I and II, Impact Stars. If not, leave this section empty.

Spark Achievements Report

A copy of the form is on the LA County 4-H website. (7 pages)
No need for new copies annually. Each year add to the form.

My Story

Your story is an opportunity to reflect on your 4-H experiences that focuses on the current 4-H year. It should include information about you, your 4-H projects and activities, your leadership and civic engagement, and 4-H's impact on you.

Follow the guidelines in the Spark Achievement Manual.

No minimum word or page requirements.

For this year, only a hard copy version is allowed. No videos or tapes.

Annual Project Report (APR)

Include an APR with Expression page for each of your projects.

The Expression page should teach the reader about something that you learned in the project.

Leadership Report to APR contains information about your leadership experiences this program year. In the record book it is placed after the first APR report and Expression page, even it doesn't relate to that APR project.

Collection of Work - optional

Consists of up to 11 pages, as follows:

Letters or Certificates – 2 maximum

Fliers or Brochures made by the member – 2 maximum

News articles about or written by the member – up to 2 pages, one sided

Photos – up to 5 pages, each side counts as a page, with no photo shingling

Activity Summary Report - optional

A copy of the form is on the LA County 4-H website

Record your 4-H activities on the form as you would have on the prior system PDR. If necessary, refer to the California 4-H Record Book manual for the guidelines for filling out the PDR-like form.

You can use either the LA County form or the State form, both of which are available on the county website.

Although this activity summary report is optional, if you are competing for county awards, it would be beneficial to include this report, which can list all your 4-H activities beyond the project level this program year.

Resume

Optional for Juniors and Intermediate membership

Keep the resume to one or two pages.

Guidelines are available in the California 4-H Record Book Manual and the Interview Contest Manual.

Prior Years in 4-H - optional

Include the records for your prior years in 4-H

Put a tab indicating the year in front of each year's records

The past records may include records from the Star Rank program